



MARBLE CUP CAMP

February 11-13, 2019 | Marble Mountain | Steady Brook, NL

\$175

Includes: Technical and speed training on age appropriate terrain and course sets, one on one coaching as well as group discussions, and lift tickets for 3 days.

Train SL & GS on Cruiser and SG on Blow Me Down (OMJ)
Older athletes will have the opportunity to train Slalom on Blow Me Down (OMJ)

Ski and train with World Cup Athlete, Larisa Yurkiw, on some of the best terrain in Canada!

Larisa Yurkiw is one of the top 3 downhill ski racers in the world, an accomplished entrepreneur - and the first global athlete to combine these two skills in what has become known around the world as "Team Larisa."

Her voyage took her from a tiny ski hill in Ontario, Canada, to the Sochi Olympics of 2014, and to the peaks of the Swiss Alps and the elite world of the World F.I.S. Ski Racing Championship, where she competed and won - on her own terms - in the most elite of sports.

Racing at speeds of 140km/h down the world's steepest mountains, she overcame personal, medical and national political setbacks to achieve her dream - and prove that in the 21st century, elite athletes can compete on their terms - and change the world of sports forever. (<http://larisayurkiw.com/>)

Marble Cup Camp will consist of speed training and technical training in preparation for an exciting weekend of Marble Cup Racing. More details of the full week schedule will be released closer to the date.

9:00am	Athlete Lift Access
9:00 – 12:00	Athlete Training
12:00-1:00	Lunch
1:00-3:00	Athlete Training
3:30-5:00pm	Group Discussions, Social

Registration/questions can be sent to:

Pat Hickey: phickey.alpha1@gmail.com, 709-632-8777.

Athlete Registration Form

Name: _____

Age (Category): _____

Athlete Phone #: _____

Parent Phone #: _____

E-mail: _____

Provincial Medical Insurance #: _____

Emergency Contact: _____

Relationship: _____

Phone #: _____

Race Club: _____

Coach: _____

Lift Ticket Required: **YES** or **NO** (please circle or highlight one)

Complete if the participant is under 18 years of age – to be completed by parent or legal guardian:

By placing my initials here _____, I authorize that my son / daughter is physically fit to participate in strenuous athletic activity and hereby waive Alpine NL, it's Board, affiliated entities, their offices, agents and employees, from all liabilities or causes of action arising out of or in conjunction with Camps, Seminars or related Services.

Signature of Parent / Legal Guardian _____

(Authorizes treatment in case of emergency)

Complete if the participant is 18 years of age or older:

By placing my initials here _____, I authorize that I am physically fit to participate in strenuous athletic activity and hereby waive Alpine NL, it's Board, affiliated entities, their offices, agents and employees, from all liabilities or causes of action arising out of or in conjunction with Camps, Seminars or related Services.

Signature of Participant 18 and over _____

(Authorizes treatment in case of an emergency)

NOTE:

Friday, February 15th is the beginning of the Corner Brook Winter Carnival. For more info, visit:

<http://cornerbrookwintercarnival.ca/>.

Friday, February 15th there will be night skiing available at Marble, 5-9pm. <http://www.skimarble.com/event/2019-02-09/2019-02-16>

Saturday, February 16th & Sunday, February 17th, Ski Marble will host Jib Fest, for more info, visit:

<http://www.skimarble.com/event/2019-02-09/2019-02-16>

Looking for a place to stay? Some local hotels to consider:

https://www.tripadvisor.ca/Hotels-g154963-Corner_Brook_Newfoundland_Newfoundland_and_Labrador-Hotels.html