

# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



## **Coach – Parent -Athlete Agreement**

### **The objective of this Code of Conduct Agreement is:**

- to ensure that programs are provided in an emotionally and physically healthy atmosphere enabling each athlete to achieve to his/her maximum potential as a skier to make athletes, coaches and parents aware of their responsibilities
- to provide clearly stated behavior expectations and consequences.

### **Responsibilities of the Partners**

All partners must be aware of, agree to and be committed to the policies of this document before signing. By signing this document, the parties agree to:

#### **Coach**

- behave according to the WSRC Contract Agreement and the CSCF Alpine Coaching Code of Ethics
- follow age appropriate Long Term Athlete Development (LTAD) guidelines defined by Canadian Sport for Life (CS4L) and as adopted by Alpine Canada (ACA) and the Canadian Freestyle Association (CFSA)
- actively apply their technical knowledge and use available tools to help skiers succeed
- participate in professional development activities

#### **Parent**

- take an interest in their child's program
- if leaving the hill during training hours, provide coaches with contact information or arrange for an alternate guardian contact
- be a good role model for their child by demonstrating positive sportsmanship in all situations such as interactions with coaches, WSRC volunteers (executive and event organizers), other athletes and clubs
- communicate with coaches, volunteer coordinators and members of the executive as needed
- actively participate in fundraising activities
- to comply with deadlines with regard to registration and event fees
- respect coaching, goal planning and assessments

#### **Athlete**

- commit fully to the training sessions and competition plan provided by the coach
- communicate with coaches in all aspects of the training and competition program
- arrive on time and prepared for training and events with appropriate clothing & equipment (in proper & safe working order)
- respect coaches and teammates by behaving appropriately during training: listen to instructions, do

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*



MAPLE LEAF  HOMES



RBC Royal Bank

# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



not interrupt or distract others, and train with focus

- practice good sportsmanship (win humbly & lose graciously, be positive at all times with themselves, coaches, volunteers, hill staff, co-athletes)

## Examples of Unacceptable Behavior

Unacceptable Behavior includes, but is not limited to:

- failure to participate in the program
- disrespect for people and property
- foul language
- Harassment & Abuse (any physical, emotional or psychological behaviour that demeans an individual)
- using or encouraging the use of drugs including alcohol and tobacco
  - stealing

I have read and understand the WSRC Code of Conduct and agree to abide by it on behalf of my athlete (if a minor) and my family. I agree to abide by WSRC's discipline policy and procedures in the event of a complaint or report of behaviour not in accordance with this Code of Conduct.

Parent Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Athlete Name: \_\_\_\_\_

Signature (if not a minor): \_\_\_\_\_

Date: \_\_\_\_\_

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*



MAPLE LEAF  HOMES



RBC Royal Bank