



**WENTWORTH SKI RACING CLUB**



## **PRE RACE TRAINING CAMP**

**ATLANTIC CUP SERIES Rolland Brunner (U14-U21)**

**March 13 & 14, 2018**

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**DATES:** Wednesday and Thursday, March 13 and 14, 2019 8:45 a.m.

**LEAD COACHING STAFF:** Gregor Byrne and Mike Clarke

**ELIGIBILITY:** U14-U21 athletes that are registered for Rolland Brunner Race

**COST:** Camp fee: \$120 (includes lift tickets)  
\$80 if no lift ticket is required

**REGISTRATION:**

Limited to 60 athletes (Each club to provide 1 coach per 8 athletes)  
Preregister by Wednesday, March 7, 2019 at Midnight

**TRAINING SCHEDULE**

8:45 a.m. Meet daily in front of Base Lodge  
11:30- 12:20 p.m. Lunch  
2:30 p.m. Finish

**TRAINING FORMAT**

Wednesday Slalom all day  
Thursday: GS- morning SG- afternoon

**QUESTIONS**

Please contact Gregor Byrne: [coaching@wentworthracing.com](mailto:coaching@wentworthracing.com) 902-209-7297

**ACCOMODATION OPTIONS**

Wentworth Hostel/Hostelling International

[http:// www.hihostels.ca/NovaScotia/en/index.aspx?sortcode=2.16](http://www.hihostels.ca/NovaScotia/en/index.aspx?sortcode=2.16)

1-902-548-2379

Hampton Inn, Truro

<https://hamptoninn3.hilton.com/en/hotels/nova-scotia/hampton-inn-and-suites-by-hilton-truro-XLZTRHX/index.html>

1-902-843-4343

Super 8 Motel, Truro



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http:// [www.super8truro.com/](http://www.super8truro.com/)

1-866-561-7666 Super 8 Motel, Amherst

http:// [www.super8amherst.com/](http://www.super8amherst.com/)

1-902-701-9853