



ALPINE SKI NOVA SCOTIA

ATLANTIC CUP SERIES
Rolland Brunner (U14-U21)
March 15, 16 and 17, 2019.

Sanction	Alpine Ski Nova Scotia; Alpine Canada Alpin
Host Club	Wentworth Ski Racing Club
Location	Ski Wentworth
Eligibility	National Card holders Divisions: U14, U16, U18, and U21 (Masters and Senior Card Holders may participate under separate race codex)
Events	Men & Women Friday March 15- SUPER G (Sissy, Helter Skelter, Rosebowl) Saturday March 16- SLALOM (Headwall and Rosebowl) Sunday March 17- GIANT SLALOM (Headwall and Rosebowl)
ROC	Wentworth Ski Racing Club Technical Delegate: Brian Carter/Scott Carr Chief of Race: Brian Carter/Murray Pridham Race Secretary: Jennifer Havill Chief of Timing: Tim/Lisa Harmon Chief of Course: David Todd Chief of Gates: Mark Oakley
Entry Fees	Please-one payment per club Visiting racers: \$195.00- 3 day race \$75.00- Friday SG race \$120.00- Saturday & Sunday races WRSC racers: \$135.00 -3 day race \$55.00- Friday SG race \$80.00- Saturday & Sunday races There will be a \$100.00 bib deposit (separate payment) Preferred method of payment is via e-transfer prior to Coaches' meeting to Krista Zwicker: treasurer@wentworthracing.com

If paying by cheque, submit at the coaches' meeting on Thursday, March 14, 2019. No refunds without a medical certificate.



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PLEASE NOTE:

- All athletes must help with tear down of SG fence (from Helter Skelter) on Friday after race; and lower course (Headwall-Rosebowl) following Sl on Sunday. Failure to help will result in loss of deposit.
- Bibs must be returned to bib collector at the end of the race or to the Race Secretary in the Port Greville room, Ski Wentworth lodge.
- Cheques refundable after return of bibs and after course tear down.

Entries: Send all entries via email to Race Administrator:
roc@wentworthracing.com

Questions: Race Secretary Jennifer Havill:
jlhavill@gmail.com

Please include club, athlete's full name, gender, national or FIS number, date of birth, age, and category for each racer.

Please include coach name(s) and cell phone numbers.

Entry Deadline: Friday, March 8, 2019 at 12:00 noon AST.

Daily Schedule: See outline at end of race notice

Training: Friday, Saturday, and Sunday on Beaver trail, 8:00 - 10:00 a.m.

Coaches' Meeting: Thursday March 14, at 7:00 p.m., in the Port Greville room, Ski Wentworth lodge. Each club please ensure one coach and one junior coach (for mentoring) is in attendance.
Bibs, lift passes, and start lists will be issued each morning from the Port Greville room.



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- Awards Ceremony:** Friday and Saturday: following race - individual awards for day
Sunday: following race teardown - individual awards for day and overall awards
- Course Setters:** To be announced at coaches' meeting
- Safety Helmets:** CSA approved helmets are mandatory for all disciplines.
- Coaches:** One lift ticket for every 8 athletes/club included for coaches.
- Volunteers:** Wentworth Ski Racing Club is asking each visiting club to provide:
5 gatekeepers for each race day
8 Course Slippers (expert/experienced skiers please)
Gatekeepers will meet in Ducky's bar on the second floor of the Ski Wentworth lodge at 8:00 a.m. each day (March 15, 16 and 17, 2019).
Course Slippers will meet outside front door of lodge at 7:00 a.m. each day (March 15, 16 and 17, 2019).
Free lift ticket will be provided for volunteers. Lunch will be available for volunteers.
Please include volunteer names and e-mail contacts with race entries by Friday, March 8, 2019.
- Parents:** Discounted lift tickets (\$25.00/day) will be available from the Ski Wentworth ticket window - please indicate the club you are with and athlete's name to obtain the discount.
- Eligibility & Rules:** FIS/ICR rules will govern.



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Official Board: DSQs will be posted on the wall outside the door of the Port Greville room.

Protests: All protests and appeals must be submitted in writing, according to FIS/ICR rules, within 15 minutes of official posting of DSQ list. Submit protests and appeals to the race secretary's office in the Port Greville room.
Protest fee \$50.00.

Other: Lift tickets must be visible to lift operators at all times.
Bibs must be visible **at all times** while on the race course.

Accommodations:

Wentworth Hostel/Hostelling International <http://www.hi-hostels.ca/NovaScotia/en/index.aspx?sortcode=2.16>
1-902-548-2379

Super 8 Motel, Truro
<http://www.super8truro.com/>
1-866-561-7666

Hampton Inn, Truro
[website](#)

Super 8 Motel, Amherst
<http://www.super8amherst.com/>
1-866-863-6360



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SCHEDULE (tentative)

	FRIDAY (SG)	SATURDAY (SL)	SUNDAY (GS)
7:30	Lift open	Lift Open	Lift Open
8:15			
8:30	Inspection	Inspection	Inspection
8:45			
9:00	Course Closed	Course Closed	Course Closed
9:15	Forerunners	Forerunners	Forerunners
	Females Start	Females Start	Females Start
10:15	Males Start	Males Start	Males Start
11:15	Reset	Reset	Reset
11:45	Inspection	Inspection	Inspection
12:00			
12:15	Course Closed	Course Closed	Course Closed
12:30	Forerunners	Forerunners	Forerunners
	Females Start	Females Start	Females Start
1:30	Male Start	Male Start	Males Start
2:15	TEAR DOWN SG		TEAR DOWN
3:30	Awards For Day 1	Awards for Day 2	Awards for Day/Overall
	Ducky's Bar/Patio	Ducky's Bar/Patio	Ducky's Bar/Patio