



Baseline Concussion Testing Q and A

Thank you for your interest in the Team Baseline Concussion Testing (BCT) we run at the ACCEL Physiotherapy and Sport Performance Centre in partnership with Complete Concussion Management Inc.

Should an athlete sustain a suspected concussion, comparing them to their baseline of mental and physical performance provides a much more reliable way to make decisions about diagnosis, return to play and the treatment required. Further explanation of the testing benefits can be found on our website <http://accelphysio.ca/complete-concussion-management/>.

Question: What is the cost of the test?

Answer: \$70 per player; due at time of testing; we provide a receipt that enables reimbursement under chiropractic or physiotherapy in extended health care plans. (Please check the details of your particular insurance plan to see if a referral from a physician is required to claim the fees.)

Question: How long are the test results effective for comparison?

Answer: Test results are valid for one year. Players will require retesting each year.

Question: Where will the testing be completed?

Answer: At either of the two ACCEL Physiotherapy and Sport Performance Centre locations

1. Halifax – 3711 Joseph Howe Drive
2. Dartmouth – 137 Venture Run (corner of Wright Ave. and Burnside Dr.)

Question: How many players can be tested at once?

Answer: 10 players are tested per hour, or 2 hours for a hockey or soccer team, or 1.5 hours for a basketball team.

Question: When can the testing be done?

Answer: Usually completed in the evenings from 7-9pm (half team or 10 players come at 7, the rest at 8).

Question: How do we sign up?

Answer: Once a team commits to a testing date, we ask that they complete electronically a registration spreadsheet that we will provide, with player's names, birthdates and parent's emails. It will need to be sent back at least 10 days before the testing date. We then send pre-testing online registration information back to parents.

For more information, contact Karen Decker at karen.decker@accelphysio.ca or 902-446-4004.