

Athlete Focus...Emily Todd

Emily and her brother, JD, were one of two FIS skiers from Nova Scotia for the 2019/20 Ski Season. We met up with Emily after training in February...

When did you start skiing? At 16 months of age; shortly after starting to walk.

When did you start to race?

I had just turned 10, and my first race was at Poley. Emily says “I did bad, I came last.” She describes that she was so muddled that for the first run, she put on some random person’s snow pants from the lodge to race.

As a reminder and an inspiration, Emily keeps a photo of that first run above her hook in the clubhouse and she notes that she loved racing, she had done Cathy’s Cup, and was excited to get into gates.

What is your proudest ski racing moment?

The next year at Poley. I came down the first run and won. I immediately thought the timing was wrong. I was ahead of everyone, even the guys. It was my first time on the podium, I didn’t know what to do. Skiing was always fun, but the boost was that I was good at it.



EMILY'S SECOND YEAR AT POLEY AS A SECOND YEAR U12 IN 2014

What is racing FIS like?

It is pretty different. For example when I went to Canams and U16 Nationals, I would have a pretty good start order. Last Spring at my first FIS race, I started dead last. There was jumping everywhere, I popped out, I fell & hiked. The steepest slalom I ever did was Osler in Collingwood. I raced against people I know nationally and internationally which was great.



EMILY AT NORQUAY DECEMBER 2019

What else are you doing this year?

Not sure, out of 6 FIS starts, I have only finished 2 so I am sitting on a GS and an SL score and my points are not moving. I may do the Spring series in Panorama; the goal is to improve my starting order. I might go to Collingwood series in March.

Do you have any advice for younger racers?

Stick with the sport as long as possible. You meet so many people and make friends. I have friends all over Canada which is the amazing part of an individual sport.

Also, stick with it and do not give up if you are not getting results. Trust the process. You will not always have the best day or race. The more you work, the better you do. Work hard. One of the things we have going for us here (in Wentworth & Nova Scotia) is that we try everyday, we are thankful for hill space and time on snow and we make the most of it. Elsewhere, this is not necessarily the case.

What is your favourite colour?

Pink or purple. I love wearing pink things. The pink cheetah racing suit for example.

How did the “Emily Todd Neckies” get started?

I always wanted an “I got Swagg” neckie and my parents wouldn’t buy me one. I am good at sewing. I bought a blanket from Giant Tiger and made a neckie from it. I was wearing it and my teammates liked it and wanted one... Lindsay Myles, Georgia, Lauren and Jess each wanted one and then it took off from there. I use the money I raise from selling them towards skiing.

Tell us about the Mikaela Moment.

It was at Lake Louise last year. I had it in my jacket. Mikaela had just finished her training run and was taking her skis off to walk to the lodge. I gave her a red one with sparkles. She was excited and she asked me for a photo and she put it on.

Emily’s Sponsors...

- Aerobics First
- POC helmet & goggles
- Swany gloves
- Rossignol boots, bindings and skis
- Her Parents

Note: At the time of the interview, the COVID19 Pandemic had not yet impacted the ski racing season. We wish Emily all the best in her future FIS racing endeavours next season and beyond!!



EMILY IN HER PINK CHEETAH SUIT AT THE BRUNNER START 2019



EMILY & MIKAELA & TWO EMILY TODD NECKIES