



**aerobics first**

**2018/2019 Race Pre-book program**

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Aerobics First will be offering a much deeper selection of race products for 2018/19 with inventory arriving in September 2018. Our aim is make it much easier for athletes and parents to get geared up early, prior to camps and programs. Boot fitting, footbeds, stance alignment and tuning can all be done prior to getting on snow.

Race Skis, Boots and Bindings will be provided to athletes at industry 'Racer Price' as dictated by the equipment manufacturers. Aerobics First will offer a 20% discount to athletes on all other race equipment (eg. poles, helmets, goggles, race suits, back protectors etc).

We will also be offering custom footbeds to race club members for \$120 (regularly \$160).

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Race equipment always sells out really early across Canada; we like to see athletes on the right equipment for their size and ability so we are encouraging pre-booking to avoid disappointment. With the help of the information provided here, our staff and your coach's input; we can help get you on the right equipment. We can pre-book race equipment from any of our suppliers, but we will only carry a limited supply of race skis and boots in our regular inventory. Pre-booking is the best way to get exactly what you want.

We currently have sample race suits from Descente and Spyder (U14/16 size and Small Adult size). These can be tried on for size and also pre-ordered for next season. We also have great deals on remaining current year race gear including POC helmets & protection, Leki Poles, Lange and Rossignol Jr Race boots.

**The deadline for Pre-booking race equipment is [March 15th 2018](#)**

**Ski, Binding and Boot Ref. Chart**

Sizes may vary per manufacturer, but this is a good ref. assuming average ability in each age group.

	Weight (lbs)	Ski Type	Ski Length	Binding	Boot Flex		
U8	40-50	Jr Ski (system)	100	inc.	Jr 3 or 4 buckle boot		
	50-60	Multi-Event	110	4 DIN	65		
	60-70	Multi-Event	120	7 DIN	65		
	70-80	Multi-Event	130	7 DIN	65		
U10	50-60	Multi-Event	120	7 DIN (lifter)	65		
	60-70	Multi-Event (Sidewall)	125	7 DIN (lifter)	65		
	70-80	Multi-Event (Sidewall)	132	7 DIN (lifter)	65/70		
	80-90	Multi-Event (Sidewall)	139	7 DIN (lifter)	70		
	90-100	Multi-Event (Sidewall)	146	7 DIN (lifter)	70		
		<b>GS</b>	<b>Ski Length</b>	<b>SL</b>	<b>Ski Length</b>	<b>Binding</b>	<b>Boot Flex</b>
U12	60-70	Plated Jr GS Ski	135	Plated Jr SL Ski	128	7 DIN	65
	70-80	Plated Jr GS Ski	135	Plated Jr SL Ski	128	7 DIN	65/70
	80-90	Plated Jr GS Ski	144	Plated Jr SL Ski	135	7 DIN	70
	90-100	Plated Jr GS Ski	151/158	Plated Jr SL Ski	135/142	10 DIN	70/90
	100-110	Plated Jr GS Ski	158	Plated Jr SL Ski	142	10 DIN	70/90
	110-120	Plated Jr GS Ski	165	Plated Jr SL Ski	149	10 DIN	90
U14	70-80	Plated Jr GS Ski	151	Plated Jr SL Ski	135	7 DIN	65/70
	80-90	Plated Jr GS Ski	151	Plated Jr SL Ski	135	10 DIN	70
	90-100	Plated Jr GS Ski	151/158	Plated Jr SL Ski	135/142	10 DIN	70/90
	100-110	Plated Jr GS Ski	158/165	Plated Jr SL Ski	142	10 DIN	70/90
	110-120	Plated Jr GS Ski	165/170	Plated Jr SL Ski	142/149	10 DIN	90/110
	120+	FIS Adult GS Ski	170/175	FIS Adult SL Ski	150	12 DIN	90/110
U16	90-100	Plated Jr GS Ski	165	Plated Jr SL Ski	142	10 DIN	70/90
	100-110	Plated Jr GS Ski	165/170	Plated Jr SL Ski	149	10 DIN	70/90
	110-120	Plated Jr GS Ski	170/175	Plated Jr SL Ski	149	10 DIN	90/110
	120-130	FIS Adult GS Ski	175/182	FIS Adult SL Ski	150	12 DIN	90/110
	130-150	FIS Adult GS Ski	182	FIS Adult SL Ski	150/157	12 DIN	110/130
	150+	FIS Adult GS Ski	182/185	FIS Adult SL Ski	157/165	12/15 DIN	110/130
Non-FIS Women and Men (U19 - SR)	100-110	FIS GS Ski	165	FIS SL Ski	150	12 DIN	110
	110-120	FIS GS Ski	170	FIS SL Ski	150	12 DIN	110
	120-130	FIS GS Ski	175	FIS SL Ski	157	12/15 DIN	110/130
	130-140	FIS GS Ski	182	FIS SL Ski	157	12/15 DIN	110/130
	140-150	FIS GS Ski	182	FIS SL Ski	157	12/15 DIN	110/130
	150-160	FIS GS Ski	185	FIS SL Ski	165	12/15 DIN	130+
	160-170	FIS GS Ski	185	FIS SL Ski	165	12/15 DIN	130+
170+	FIS GS Ski	188	FIS SL Ski	165	12/15 DIN	130+	
FIS	Womens	FIS GS Ski	188	FIS SL Ski	157	15/18 DIN	130+
	Mens	FIS GS Ski	193	FIS SL Ski	165	15/18 DIN	130+

**-'Race' prices are early projections and may be subject to change**

**-Some race skis require specific bindings, we can advise upon order completion**

**-'Plug' (non-DIN soled) race boots that require sole grinding are not included on this list as A1 is not currently set-up to provide this service.**

**Rossignol**

Rossignol Skis

Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price
RAHGB01	HERO ATHLETE FIS GS (R22)	185, 188	U16/FIS/nonFIS/U19/SR	\$1,039.95	\$829.95
RAHGA01	HERO ATHLETE FIS GS FACTORY (R22)	193	FIS Men	\$1,039.95	\$829.95
RAHDM01	HERO ATHLETE GS (R22)	170, 175, 182	U16/FIS/nonFIS/U19/SR	\$914.95	\$729.95
RAHAE01	HERO ATHLETE FIS SL R22	157, 165	U16/FIS/nonFIS/U19/SR	\$1,039.95	\$829.95
RAHAE02	HERO ATHLETE FIS SL R22	150	U16/FIS/nonFIS/U19/SR	\$914.95	\$729.95
RAHDM03	HERO ATHLETE GS PRO (R20 PRO)	135, 144, 151, 158, 165	U12/U14/U16	\$524.95	\$419.95
RAHAF01	HERO ATHLETE SL PRO (R20 PRO)	128, 135, 142, 149	U12/U14/U16	\$524.95	\$419.95
RAHAV01	HERO ATHLETE MULTI-EVENT OPEN	127, 134, 141, 148	U10	\$409.95	\$329.95
RAHBB03	HERO JR MULTI-EVENT	110, 120, 130, 140, 150	U8/U10	\$249.95	\$199.95

Look Bindings

Product Code	Model	Reccomended Age Group	Retail Price	Race Price
FCHA023	PX 18 WC Rockerflex Black/Icon 10-18	FIS	\$399.95	\$399.95
FCHA024	PX 15 WC Rockerflex Black/Icon 7-15	FIS	\$299.95	\$299.95
FCHA026	SPX 12 Rockerflex Black/Icon 3.5-12	U16/FIS	\$249.95	\$249.95
FCHA071	SPX 10 B73 Black/Icon 3.5-12	U12/U14/U16	\$179.95	\$129.95
FCHA076	NX JR 7 Lifter B73 Black/Icon 2-7	U10	\$129.95	\$109.95
FCHA077	NX JR 7 B73 Black/Icon 2-7	U8	\$109.95	\$89.95
FCHFA076	Team 4	U8	\$79.95	\$79.95

Rossignol Boots

Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price
RBH9260	HERO WORLD CUP SI ZA+ WHITE 130	22.5-29.5	nonFIS/FIS/U19/SR	\$749.95	\$649.95
RBH9280	HERO WORLD CUP SI ZJ+ WHITE 120	22.5-29.5	U16/FIS/nonFIS/U19/SR	\$749.95	\$649.95
RBH9010	HERO WORLD CUP SI 110 SC WHITE 110	21.5-28.5	U16/FIS/nonFIS/U19/SR	\$529.95	\$479.95
RBH9050	HERO WORLD CUP SI 90 SC WHITE 90	21.5-28.5	U14/U16	\$499.95	\$399.95
RBH9070	HERO WORLD CUP SI 70 SC WHITE 70	21.5-28.5	U10/U12/U16	\$379.95	\$299.95
RBH9090	HERO JR 65 WHITE 65	19.5-27.5	U8/U10	\$229.95	\$189.95

**\*ZA, ZB, ZC 'Plug' Boots can also be ordered, but are not DIN soles and require sole/lug grinding. Aerobics First is not currently set up to provide this service**

## Head

### Head Skis

Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price
313008	WC Rebels iGS RD SW RP WCR 14	183, 188, 193	U16/FIS/nonFIS/U19/SR	\$1,149.99	\$850.00
313048	WC Rebels iGS RD Pro SW RP WCR 14	176, 181, 183, 186, 188,191	U16/FIS/nonFIS/U19/SR	\$1,099.99	\$835.00
313088	WC Rebels iSL RD SW RP WCR 14	156, 158, 165, 168	U16/FIS/nonFIS/U19/SR	\$1,149.99	\$850.00
314008	WC Rebels iGS RD Team SW JRP RDX	124, 131, 138, 145, 152, 159, 166, 173	U8/U10/U12/U14/U16	\$599.99	\$425.00
314028	WC Rebels iSL RD Team SW JRP RDX	120, 126, 132, 138, 144, 150, 156	U8/U10/U12/U14/U16	\$599.99	\$425.00
314148	WC iRace Team SLR 2	100, 110, 120, 130, 140, 150, 160	U8, U10	\$399.00	\$320.00

### Head Bindings

Product Code	Model	Reccomended Age Group	Retail Price	Race Price
100602	FREEFLEX EVO 18X BR.85[A]bk/wh/fla.yw	U16/FIS/nonFIS/U19/SR	\$599.99	\$425.00
100603	FREEFLEX EVO 16X RD BR.85[A]bk/wh/fla.yw	U16/FIS/nonFIS/U19/SR	\$599.99	\$425.00
100733	FREEFLEX EVO 14X BR.85[A]m.bk/wh/fla.yw	U16/FIS/nonFIS/U19/SR	\$599.00	\$425.00
100655	FREEFLEX EVO 16 BRAKE 85[A]bk/wh/fla.yw	U16/FIS/nonFIS/U19/SR	\$389.99	\$300.00
100735	FREEFLEX EVO 14 BR.85[D]m.bk/wh/fla.yw	U16/FIS/nonFIS/U19/SR	\$329.99	\$240.00
100736	FREEFLEX EVO 11 BR.85[D]m.bk/wh/fla.yw	U12/U14/U16	\$219.99	\$160.00
100688	EVO 9 AC Jr. Race BR.78[J]s.bk/wh/fla.yw	U8/U10	\$169.99	\$120.00

### Head Boots

Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price
607004	RAPTOR B3 RD WHITE	22.5-28.5	U16/FIS/nonFIS/U19/SR	\$799.99	\$600.00
607244	RAPTOR B5 RD WHITE	22.5-28.5	U16	\$549.99	\$420.00
607246	RAPTOR 90 S RS WHITE	22.5-28.5	U14/U16	\$469.99	\$360.00
607248	RAPTOR 80 RS WHITE	22.5-28.5	U14	\$369.99	\$280.00
607250	RAPTOR 70 RS WHITE	20-27.5	U10/U12	\$269.99	\$205.00
608424	RAPTOR 60 WHITE	20-27.5	U10	\$169.99	\$130.00
607261	RAPTOR 40 WHITE	18.5-24.5	U8/U10	\$149.00	\$115.00

**Volkl/Dalbello**

Volkl Skis					
Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price
118872	Racetiger GS R WC 30	188, 193	FIS		\$1,100.00
118812	Racetiger GS R 30	183, 188	U16/FIS/nonFIS/U19/SR		\$875.00
118862	Racetiger SL R WC	155, 157, 165	U16/FIS/nonFIS/U19/SR		\$1,100.00
118802	Racetiger SL R	155, 157, 165	U16/FIS/nonFIS/U19/SR		\$875.00
118816	Racetiger GS	174, 178, 183, 188	U16/FIS/nonFIS/U19/SR		\$875.00
118842	Racetiger GS R JR W/Plate	132, 140, 148, 156, 161, 166, 171	U10/U12/U14/U16		\$440.00
118832	Racetiger SL R JR W/Plate	124, 131, 138, 145, 150	U10		\$440.00
118844	Racetiger GSL R JR	118	U8/U10		TBD (350?)

**Marker Bindings**

Product Code	Model	Colours Available	Reccomended Age Group	Retail Price	Race Price
7120R1MS	X-cell 18	blk-flo red, white-blk-red	U16/FIS/nonFIS/U19/SR		\$329.00
6920R1MS	X-cell 16	blk-flo red, white-blk-red, red	U16/FIS/nonFIS/U19/SR		\$260.00
6820R1MS	X-cell 12	blk-flo red, white-blk-red	U16/FIS		\$200.00
6520R1MT	10TCX	blk-flo red, white-blk-red	U12/U14/U16		\$149.00
6320R1MS	Race junior 8	blk-flo red, white-blk-red	U8/U10		\$99.00

**Dalbello Boots**

Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price
DDRS1307LW	DRS 130 UNI 98mm	22.0-29.5	U16/nonFIS/FIS/U19/SR		\$440.00
DDRS1107LW	DRS 110 UNI 98mm	22.0-29.5	U16/FIS/nonFIS/U19/SR		\$410.00
DDRS90L7LW	DRS 90 LC	22.0-27.5	U16/FIS/nonFIS/U19/SR		\$349.00
DDRS80L7LW	DRS 80 LC	22.0-27.5	U14/U16		\$329.00
DDRS707LW	DRS 70 JR	19.0-22.5	U10/U12/U14		\$199.00
DDRS707LW	DRS 70 JR	23.0-26.5	U10/U12/U14		\$199.00
DDRS607LW	DRS 60 JR	19.0-22.5	U8/U10		\$159.00
DDRS607LW	DRS 60 JR	23.0-26.5	U8/U10		\$159.00

<b>Atomic</b>						
Atomic Skis						
Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price	
AA0026704	REDSTER S9 SL M	165	U16/FIS/nonFIS/U19/SR		\$849.00	
AA0026702	REDSTER S9 FIS W	157	U16/FIS/nonFIS/U19/SR		\$849.00	
AA0026698	REDSTER G9 FIS M	193	U16/FIS/nonFIS/U19/SR		\$849.00	
AA0026696	REDSTER G9 FIS W	188	U16/FIS/nonFIS/U19/SR		\$849.00	
AA0026692	REDSTER G9 FIS W	183	U16/FIS/nonFIS/U19/SR		\$849.00	
AA0026700	REDSTER G9 RS Masters	176, 183, 190	Masters		\$849.00	
AAST00902	REDSTER G9 FIS + X16	186	U14/U16		\$899.00	
AAST00904	REDSTER G9 FIS + X12	173, 180	U14/U16		\$849.00	
AASS01608	REDSTER G9 FIS J + X14 TL RS	159, 166	U14/U16		\$699.00	
AASS01614	REDSTER S9 FIS J + X14 TL RS	152	U14/U16		\$649.00	
AASS01612	REDSTER S9 FIS J + X12 TL RS	145,152	U14/U16		\$649.00	
AASS01610	REDSTER G9 FIS J-RP + X12 TL	152, 159, 166	U10/U12/U14		\$549.00	
AAST00914	REDSTER G9 FIS J-RP + Z10	131, 138, 145	U10/U12/U14		\$549.00	
AAST00908	REDSTER S9 FIS J-RP + Z10	131, 138	U10/U12/U14		\$549.00	
AAST00936	REDSTER J9 RS J-RP + Z10	120, 130, 140, 150, 160	U10/U12/U14		\$299.00	
AAST00926	REDSTER J9 FIS J-RP + L7	116, 123	U8/U10		\$299.00	
Atomic Bindings						
Product Code	Model		Reccomended Age Group	Retail Price	Race Price	
AD5001808	X 19 VAR		U16/FIS/nonFIS/U19/SR		\$499.00	
AD5001764	X 16 VAR		U16/FIS/nonFIS/U19/SR		\$349.00	
AD5001766	X 12 VAR		U14/U16		\$299.00	
AD5001750	Z12 Red - Black		U12/U14/U16		\$179.00	
AD5001752	Z10 Red - Black		U10/U12/U14		\$159.00	
AD5001754	L7 Red - Black		U8/U10		\$99.00	
Atomic Boots						
Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price	
AE5017020	Redster WC 130	22.5-29.5	U16/nonFIS/FIS/U19/SR		\$699.00	
AE5017040	Redster WC 110	21.5-27.5	U14/U16/nonFIS/FIS/U19/SR		\$599.00	
AE5017100	Redster Club Sport 130	23.5-29.5	U16/nonFIS/FIS/U19/SR		\$699.00	
AE5017120	Redster Club 110 / 110LC	21.5-27.5	U14/U16/U19		\$599.00	
AE5017060	Redster Club Sport 90	21.5-27.5	U10/U12/U14		\$499.00	
AE5017080	Redster Club Sport 70	21.5-27.5	U8/U10		\$399.00	

<b>Lange/Dynastar</b>						
Dynastar Skis						
Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price	
DAHGB01	SPEED WC FIS GS R22	185, 188	U16/FIS/nonFIS/U19/SR	\$1,039.95	\$829.95	
DAHGA01	SPEED WC FIS GS FACTORY R22	193	FIS Men	\$1,039.95	\$829.95	
DAHDM01	SPEED WC GS R22	170, 175, 182	U16/FIS/nonFIS/U19/SR	\$914.95	\$729.95	
DAHAE01	SPEED WC FIS SL R22	157, 165	U16/FIS/nonFIS/U19/SR	\$1,039.95	\$829.95	
DAHAE02	SPEED WC SL R22	150	U16/FIS/nonFIS/U19/SR	\$914.95	\$729.95	
DAHDB01	SPEED MASTER GS R22	170, 175, 180, 185	nonFIS/SR	\$899.95	\$699.95	
DAHDM03	SPEED TEAM GS R20 PRO	135, 144, 151, 158, 165	U12/U14/U16	\$524.95	\$419.95	
DAHAF01	SPEE TEAM SL PRO	128, 135, 142, 149	U12/U14/U16	\$524.95	\$419.95	
DAHAV01	SPEED TEAM PRO OPEN	127, 134, 141, 148	U10	\$409.95	\$329.95	
DAHBB03	TEAM COMP	110, 120, 130, 140, 150	U8/U10	\$249.95	\$199.95	
Look Bindings						
Product Code	Model		Reccomended Age Group	Retail Price	Race Price	
FCHA023	PX 18 WC Rockerflex Black/Icon 10-18		FIS	\$399.95	\$399.95	
FCHA024	PX 15 WC Rockerflex Black/Icon 7-15		FIS	\$299.95	\$299.95	
FCHA026	SPX 12 Rockerflex Black/Icon 3.5-12		U16/FIS	\$249.95	\$249.95	
FCHA071	SPX 10 B73 Black/Icon 3.5-12		U12/U14/U16	\$179.95	\$129.95	
FCHA076	NX JR 7 Lifter B73 Black/Icon 2-7		U10	\$129.95	\$109.95	
FCHA077	NX JR 7 B73 Black/Icon 2-7		U8	\$109.95	\$89.95	
Lange Boots						
Product Code	Model	Sizes Available	Reccomended Age Group	Retail Price	Race Price	
RBH9260	WORLD CUP RS ZA ZA+ WHITE 130	22.5-29.5	nonFIS/FIS/U19/SR	\$749.95	\$649.95	
RBH9280	WORLD CUP RP ZJ+ WHITE 120	22.5-29.5	U16/FIS/nonFIS/U19/SR	\$749.95	\$649.95	
RBH9010	RS 110 SC WHITE 110	21.5-28.5	U16/FIS/nonFIS/U19/SR	\$529.95	\$479.95	
RBH9050	RS 90 SC WHITE 90	21.5-28.5	U14/U16	\$499.95	\$399.95	
RBH9070	RS 70 SC WHITE 70	21.5-28.5	U10/U12/U16	\$379.95	\$299.95	
RBH9090	RSJ 65 WHITE 65 SP	19.5-27.5	U8/U10	\$229.95	\$189.95	
<b>*ZA, ZB, ZC 'Plug" Boots can also be ordered, but are not DIN soles and require sole/lug grinding. Aerobics First is not currently set up to provide this service</b>						



A1 Race Pre-book order form

Name of Athlete: \_\_\_\_\_

Name of Parent (if athlete is U18): \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Manufacturer	Product Code	Model	Size	Race Price	Quantity

Form can be submitted via email to: [a1skiracing@gmail.com](mailto:a1skiracing@gmail.com) or dropped into the store at:  
6166 Quinpool Rd, Halifax. attn: Tom Johns