



**Ski Nova Scotia  
Annual General Meeting  
May 26<sup>th</sup>, 2020 via Zoom Conference**

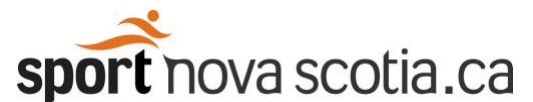


## **Ski Nova Scotia Annual General Meeting and Awards**

### **Agenda**

Tuesday, May 26<sup>th</sup>, 2020  
Starting at 6:00pm via Zoom

- 1.0 Welcome
- 2.0 Approval of Ski NS 2019 AGM Meeting Minutes
- 3.0 President's Report
- 4.0 Financial Report & Budget
- 5.0 Executive Director's Report
- 6.0 Committee & Club Reports:
  - HPP Committee Report – Julia Sommer-Ives
  - CADS Report - Edward McQuillan
  - Ben Eoin Ski Team – Tyler Kaupp
  - Martock Ski Race Club – Ellen Coady
  - Wentworth Ski Race Club – Karen Dwyer
- 7.0 New Business:
  - Election of Directors 2020-2021
- 8 .0 Adjournment
- 9.0 Ski Nova Scotia 2019-2020 Awards





## **Ski Nova Scotia Annual General Meeting and Awards - Meeting Minutes**

Wednesday, June 12<sup>th</sup>, 2019

Sport Nova Scotia 5516 Spring Rd, Halifax, NS

### **1.0 Welcome**

- Call to order – Brian Carter calls the meeting to order

### **2.0 Approval of Ski NS 2018 AGM Meeting Minutes**

- Motion to approve 2018 Ski NS AGM Meeting Minutes – Motion Passed

### **3.0 President's Report**

- Brian Carter Presented President's Report

### **4.0 Financial Report**

- 2019 Financial Statements Presented as provided by Sport NS Finance & Admin

### **5.0 Executive Director's Report**

- Andrew Hayes Presented Executive Director's Report

### **6.0 Committee & Club Reports:**

- Coaching Report – Todd Johns
- HPP Committee Report – Julia Sommer-Ives
- Ski Cross Report – Scott Carr
- CADS Report – Edward McQuillan
- Ben Eoin Ski Team – Tyler Kaupp
- Martock Ski Race Club – Ellen Coady
- Wentworth Ski Race Club – Karen Dwyer

### **7.0 New Business:**

2018-2019 Budgets

Motion to accept 2019/2020 Budgets – Motion Passed

Ski NS By-Laws – Brian reviewed by-law updates to reflect Freestyle NS no longer being under the Ski NS umbrella. Executive Director job description was removed as well.

Motion to accept new Ski NS by-laws – Motion Passed

### **Election of Officers for 2019-2020**

- Election is required between Lauren Acker and Kyle Enders for the Open Director of Officials position. Kyle is approved via vote of the membership.

- Motion to approve slate of Directors for 2020-2021 – Motion Passed

### **8.0 Adjournment - 7:15pm**

## **ANS 2019-2020 President's Report**

The events of 2020 in Nova Scotia, and indeed around the world, will be remembered as an unprecedented time of great tragedy and sadness. To all those who have been touched by these events we send our love and support. The resilient nature of Nova

Scotians will see us through and be stronger for it... and we will never forget.

We have entered a time when virtual meetings have become the norm, and I would like to thank all the board members and our executive director for continuing to fulfill their duties so successfully. I would also like to thank our Race Clubs for handling the COVID-19 pandemic so responsibly, and for your continued success and achieving the highest membership numbers ever. Congratulations to all!

Despite the 2019-20 season ending so abruptly, we still did have many accomplishments and successes. To name a few:

- Hosted 12 Learning Facilitators from the Atlantic Region in September 2019
- Hosted another successful Coach PD day in October 2019
- Successful U16 Nationals (until Covid crisis)
- New Alpine Nova Scotia tent was purchased to help increase awareness of ANS and support our athletes, volunteers and supporters.
- Successful updating of the Equipment inventory and MOU
- Confirmed another year of employment to the end of 2021 for Executive Director

Some of the ongoing projects include the development and strategy roll out of our High-Performance Program. ANS will continue to work with and guide the AAA committee to ensure our athletes have the best balance between training and racing to reach their maximum potential.

A big thank you to all the NS Club boards, members, athletes from all levels, coaches, area operators, and of course, parents and families. Our ski racing community is made up of all of you and your commitment to the sport of ski racing. This commitment to skiing as a lifetime sport is what keeps us going.

It has been a pleasure to be a part of this board and I have enjoyed working alongside all of the members who have proven to be passionate and dedicated to our sport of skiing and racing in Nova Scotia. I would like to thank you all.

A special thank you to past president Brian Carter for all his hard work and accomplishments, as well as, all board members that have finished their terms. We could not have accomplished so much without your dedication.

Finally, thank you to Andrew Hayes, our tireless Executive Director. The extra effort he always puts forward does not go unnoticed.

I am looking forward to a healthy and successful, snow-filled 2020-21 ski racing season.

Wishing you all a safe summer,

Respectfully,

Leslie Henderson  
ANS President

**Alpine Ski Nova Scotia  
Balance Sheet  
2020-04-30**

**ASSETS**

	CURRENT YEAR	PRIOR YEAR
Assets:		
Bank ASNS	\$ 60,783.78	\$ 11,812.00
Bank CADS	14,152.79	19,567.16
Bank Canada Games	26,985.54	9,166.19
Bank Payroll Ski	25,619.92	12,952.13
Investments ASNS	46,750.00	30,000.00
Investments CADS	12,000.00	12,000.00
Prepaid Expense	258.75	30.96
Accounts Receivable Ski	8,979.03	42,457.41
Accounts Receivable CADS	65.88	105.73
Accounts Receivable Ski HP	-	7,457.38
Interfund AR ASNS	21,785.04	581.74
Interfund AR CADS	9.71	-
Interfund AR High Perf. formally known as Can. Games	15,368.51	-
Equipment ASNS	165,967.15	164,129.45
Accumulated Depreciation ASNS	(153,997.67)	(143,887.50)
Equipment CADS	19,282.11	17,512.22
Accumulated Depreciation CADS	(15,191.86)	(12,387.28)
Building CADS	3,910.00	3,910.00
Accumulated Depreciation CADS Building	(1,955.00)	(1,564.00)
Computer	2,260.85	2,260.85
Accumulated Depreciation	(2,260.85)	(2,260.85)
Total Assets	<u>250,773.68</u>	<u>173,843.59</u>

**LIABILITIES AND SURPLUS**

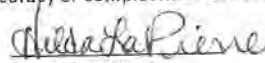
Current liabilities:		
Accounts Payable Ski	19,748.99	7,010.63
Accounts Payable Ski HP	4,503.69	1,800.00
Accounts Payable CADS	-	1,116.20
Payroll Deductions Payable Ski	1,162.36	1,582.90
Interfund AP CADS	-	131.74
Interfund AP ASNS	15,378.22	-
Interfund AP - High Perf. (Formally known as Canada Games)	21,785.04	450.00
Deferred Revenue Ski	11,980.00	1,180.00
Deferred Revenue Ski HP	6,476.42	4,727.67
Deferred Revenue CADS	9,260.03	9,260.03
Deferred Capital Grant ASNS	6,340.27	14,876.43
Deferred Capital Grant CADS	2,400.00	3,800.00
Deferred Capital Grant CADS Building	1,450.00	1,740.00
Total Current Liabilities	<u>100,485.02</u>	<u>47,675.60</u>
Surplus:		
Surplus(Deficit) prior periods - ASNS	87,044.07	78,118.98
Surplus(Deficit) prior periods - CADS	18,458.88	18,722.25
Surplus(Deficit) prior periods - High Performance (Formally known as Canada Games)	2,432.11	1,020.86
Surplus(Deficit) prior period - Raffle	4,482.93	4,482.93
Internally Restricted Funds - CADS Rick Hansen Equipment Fund	3,000.00	3,000.00
Internally Restricted Funds - ASNS Equipment Fund	13,070.00	10,750.00
Surplus(Deficit) for period - ASNS	25,732.93	8,925.09
Surplus(Deficit) for period - CADS	(3,932.26)	(263.37)
Surplus(Deficit) for period - High Performance (Formally known as Canada Games)	-	1,411.25
Total Surplus	<u>150,286.66</u>	<u>126,167.99</u>
	<u>\$ 250,773.68</u>	<u>\$ 173,843.59</u>

**DISCLAIMER:**

Sport Nova Scotia has prepared this balance sheet of Ski Nova Scotia as at April 30, 2020 and this statement of revenue and expenditures for the month then ended April 30, 2020 from information provided by management (the proprietor). Sport Nova Scotia has not audited, reviewed or otherwise attempted to verify the accuracy or completeness of such information. Readers are cautioned that these statements may not be appropriate for their purposes.

City: Halifax, NS

Date: May 25, 2020

  
Sport Nova Scotia

**Alpine Ski Nova Scotia**  
**Statement of Revenue and Expenditures**  
**12 Months Ended 2020-04-30**

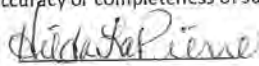
	Current YTD	Annual Budget	Actual to Budget Variance	Prior YTD
<b>REVENUE:</b>				
<b>General</b>				
PNS Block Funding	\$ 17,500.00	\$ 17,500.00	-	\$ 17,500.00
PNS Contract Funding	6,000.00	-	6,000.00	6,000.00
Support4Sport Participation	6,500.00	6,500.00	-	4,250.00
Support4Sport PSO Projects Funding	-	-	-	1,137.50
SNS S4S PSO Project Salary Funding	5,000.00	5,000.00	-	5,416.67
PNS LF /MLF Training Grant & Coach PD	2,150.00	-	2,150.00	1,926.19
Membership Fees	39,088.25	30,000.00	9,088.25	34,477.44
Coach Courses etc	8,141.41	5,000.00	3,141.41	5,142.50
GIC Interest	539.28	-	539.28	327.56
Federal 10% Wage Subsidy	663.48	-	663.48	-
Contracted Services CD East CADS	(78.82)	-	(78.82)	78.82
Provincial/FIS Team Fees	543.00	-	543.00	-
Amortization of Deferred Capital Grant	8,536.16	-	8,536.16	8,536.16
S4S PSO Project Snow Sports	28,750.00	30,000.00	(1,250.00)	30,000.00
Salary Contribution Partner Organizations	16,157.12	8,906.00	7,251.12	9,908.90
Expense Contribution Partner Organizations	-	-	-	131.74
	<u>139,489.88</u>	<u>102,906.00</u>	<u>36,583.88</u>	<u>124,833.48</u>
<b>CADS</b>				
Support4Sport Participation	-	-	-	250.00
Fundraising	-	-	-	803.00
Membership	1,397.69	-	1,397.69	1,748.00
Sponsorship	-	-	-	196.00
GIC Interest	113.86	-	113.86	126.46
Donations	500.00	-	500.00	-
Amortization of Deferred Capital Grant Building	290.00	-	290.00	290.00
Amortization of Deferred Capital Grant	1,400.00	-	1,400.00	2,146.00
	<u>3,701.55</u>	<u>-</u>	<u>3,701.55</u>	<u>5,559.46</u>
<b>High Performance (formally known as Canada Games)</b>				
PNS Project Funding	-	-	-	1,468.66
Membership Fees	443.00	-	443.00	-
Sponsorship	600.00	-	600.00	3,000.00
Canada Games Revenue	(1,040.90)	-	(1,040.90)	10,434.97
NSO Championships	24,368.51	-	24,368.51	-
HP Camp	-	-	-	(130.00)
Support4Sport High Performance/Alpine	3,001.25	4,750.00	(1,748.75)	7,563.15
Provincial/FIS Team Fees	100.21	-	100.21	(165.00)
	<u>27,472.07</u>	<u>4,750.00</u>	<u>22,722.07</u>	<u>22,171.78</u>
<b>Freestyle Ski</b>				
	-	-	-	-
<b>Freestyle Ski High Performance (Formally known as FS-Canada Games)</b>				
	-	-	-	-
	<u>170,663.50</u>	<u>107,656.00</u>	<u>63,007.50</u>	<u>152,564.72</u>
<b>Total Revenue</b>				

**DISCLAIMER:**

Sport Nova Scotia has prepared this balance sheet of Ski Nova Scotia as at April 30, 2020 and this statement of revenue and expenditures for the month then ended April 30, 2020 from information provided by management (the proprietor). Sport Nova Scotia has not audited, reviewed or otherwise attempted to verify the accuracy or completeness of such information. Readers are cautioned that these statements may not be appropriate for their purposes.

City: Halifax, NS

Date: May 25, 2020

  
 Heidi K. Piene  
 Sport Nova Scotia

	Current YTD	Annual Budget	Actual to Budget Variance	Prior YTD
<b>EXPENDITURES:</b>				
<b>General</b>				
Support4Sport Participation	-	750.00	(750.00)	-
PNS LF/MLF Training Grant & Coach PD	1,871.63	-	1,871.63	1,291.13
NSO Membership	17,544.50	17,250.00	294.50	14,740.00
NSO Insurance	5,872.81	1,500.00	4,372.81	4,980.63
NSO AGM	-	1,500.00	(1,500.00)	1,163.00
Coaches Courses etc	4,969.70	5,000.00	(30.30)	6,222.15
Officials clinics etc	263.31	1,250.00	(986.69)	1,185.37
Contracted Services CD East FSNS CADS	-	-	-	78.82
Salaries/Benefits/ ED Contract	62,746.80	58,170.00	4,576.80	62,297.33
Executive Director Expenses	800.00	400.00	400.00	200.00
Equipment	1,128.42	500.00	628.42	500.00
Race / Competitive / Event	252.80	-	252.80	-
TD Technical Delegate	-	500.00	(500.00)	-
Meeting	1,143.76	1,200.00	(56.24)	1,269.62
Office	1,860.46	918.00	942.46	5,194.81
Bookkeeping & Accounting Expenses	1,965.64	5,000.00	(3,034.36)	-
Gifts & Awards	316.25	1,000.00	(683.75)	1,662.11
Bank Charges	115.70	300.00	(184.30)	322.39
Amortization ASNS	10,110.17	-	10,110.17	10,189.87
Medals	-	250.00	(250.00)	43.41
Website	475.00	500.00	(25.00)	475.00
Marketing & Communications	-	250.00	(250.00)	-
Legal / Professional Fees	-	500.00	(500.00)	2,457.75
	<u>111,436.95</u>	<u>96,738.00</u>	<u>14,698.95</u>	<u>114,273.39</u>
<b>CADS</b>				
Athlete Support	300.00	-	300.00	-
Coaches Courses etc	3,418.02	-	3,418.02	1,076.20
Equipment	143.71	-	143.71	525.26
Manager	500.00	-	500.00	-
Bank Charges	76.50	-	76.50	197.18
Amortization CADS	2,804.58	-	2,804.58	3,633.19
Amortization CADS Building	391.00	-	391.00	391.00
	<u>7,633.81</u>	<u>-</u>	<u>7,633.81</u>	<u>5,822.83</u>
<b>High Performance (formally known as Canada Games)</b>				
PNS Female Coach / Mentorship Grant	-	-	-	1,468.66
NSO Membership	643.00	-	643.00	-
NSO Insurance	443.00	-	443.00	-
Athlete Support	200.00	-	200.00	4,800.00
Coaches Courses Honorarium etc	783.69	-	783.69	-
NSO Championships	24,713.30	-	24,713.30	-
Training	-	-	-	450.00
Race / Competitive / Event	443.65	-	443.65	1,548.00
Canada Games Expense	-	-	-	12,376.59
Office	166.53	-	166.53	-
Gifts & Awards	-	4,750.00	(4,750.00)	-
Bank Charges	78.90	-	78.90	117.28
	<u>27,472.07</u>	<u>4,750.00</u>	<u>22,722.07</u>	<u>20,760.53</u>
<b>Freestyle Ski</b>				
	-	-	-	-
<b>Freestyle Ski High Performance (Formally known as FS-Canada Games)</b>				
	-	-	-	-
	<u>146,542.83</u>	<u>101,488.00</u>	<u>45,054.83</u>	<u>140,856.75</u>
Total Expenditures	\$ 24,120.67	\$ 6,168.00	\$ 17,952.67	\$ 11,707.97
Surplus (Deficit) for period				

**DISCLAIMER:**

Sport Nova Scotia has prepared this balance sheet of Ski Nova Scotia as at April 30, 2020 and this statement of revenue and expenditures for the month then ended April 30, 2020 from information provided by management (the proprietor). Sport Nova Scotia has not audited, reviewed or otherwise attempted to verify the accuracy or completeness of such information. Readers are cautioned that these statements may not be appropriate for their purposes.

City: Halifax, NS

Date: May 25, 2020

*Nick Stefanescu*  
Sport Nova Scotia

## Ski Nova Scotia Budget

Revenue	2020-2021	Expenses	2020-2021
PNS - Block Funding	\$17,500.00	Sport NS - S4S Participation Funding (CADS-NS Portion)	\$750.00
Support 4 Sport Participation Funding	\$8,000.00	Executive Director Salaries/Benefits	\$24,000.00
Club Membership Fees	\$30,000.00	Executive Director Expenses (Cell Phone)	\$400.00
Coaching (Courses/Clinics)	\$5,000.00	Office Rent	\$408.00
		Office Expenses	\$200.00
<b>Total</b>	<b>\$60,500.00</b>	Registry of Join Stock Companies	\$35.00
		Sport Nova Scotia Membership	\$375.00
<b>CADS-NS Account</b>	\$6,000	NSO Membership Fees	\$17,250.00
		NSO Insurance	\$4,000
<b>High Performance Account</b>		Coaching (Courses/Clinics)	\$5,000.00
NSPPI - High Performance Funding	\$2,000.00	Officials (Courses/Clinics)	\$500.00
		Meetings (Room Bookings, Software)	\$1,000.00
<b>Grand Total</b>	<b>\$68,500.00</b>	Awards	\$1,000.00
		Equipment	\$500.00
		Technical Delegate Fees	\$400.00
		Sport NS Bookkeeping & Accounting	\$2,500.00
		Website	\$500.00
		Legal	\$500.00
		Bank Fees & Charges	\$200.00
		Marketing	\$250.00
		<b>Total</b>	<b>\$59,768.00</b>
		<b>CADS-NS Account</b>	\$6,000
		<b>High Performance Account</b>	
		NSPPI - High Performance Funding	\$2,000.00
		<b>Grand Total</b>	<b>\$67,768.00</b>



## Alpine Ski Nova Scotia Treasurers Report 2019-2020

Alpine Ski NS ended the year in good financial shape with a surplus of \$24,120.67. Notable financial events that occurred this year are:

- Established an official financial policy document
- Creation of a finance sub-committee
- Updated our equipment funds policy to include both general equipment purchases and B-net purchases.
  - \$40,750 new equipment fund established - \$30,000 general and \$10,750 internally restricted for B- Net purchases
  - \$1,837.70 withdrawn from general equipment funds for purchase of event tent
  - \$2,320 added to internally restricted fund for B-Net Purchases
  - \$5,000 committed to purchases B-Net for the 2020-2021 season
  - Equipment fund ending the year \$41,232.30; \$13,070 is internally restricted for B-net purchases
- Increased revenue from partner organizations related to share of ED salary.
- Utilization of Online banking and electronic transfers to simplify banking
- Amalgamation of numerous GICs to simplify administration



## Executive Director's Report – 2019-2020

### Ski NS Membership Chart

CATEGORIES	2012-13	2013-14	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20
<b>U10</b>	103	108	109	115	108	141	148	151
<b>U12</b>	46	31	--	--	--	--	--	--
<b>R12</b>	3	12	52	52	71	59	64	73
<b>U14</b>	30	30	20	20	23	32	43	41
<b>R14-U21</b>	2	6	36	40	15	9	7	--
<b>U16</b>	12	21	25	20	18	17	22	23
<b>U18</b>	13	11	8	8	10	12	11	6
<b>U21</b>	4	2	1	1	5	4	4	1
<b>Masters Regional</b>	7	8	5	9	1	0	1	3
<b>Coaches</b>	39	41	38	51	51	42	58	47
<b>Officials &amp; General Members</b>	160	115	131	123	117	126	139	223
<b>Totals</b>	<b>420</b>	<b>385</b>	<b>425</b>	<b>439</b>	<b>419</b>	<b>442</b>	<b>497</b>	<b>568</b>

### Funding Sources Summary – Ski Nova Scotia 2020-2021

Funding Program	Funds Approved
Provincial Block Funding	\$17,500.00
NSPPI – Nova Scotia Performance Pathway Initiative	\$2,000
Support 4 Sport – Participation Development Funding	\$8,000
PSO Project: Executive Director between Alpine/Freestyle/Snowboard	\$15,000.00
PSO Employment Capacity Enhancement Program	\$5,000.00
<b>Total Funding Support</b>	<b>\$47,500.00</b>

As the Executive Director for Ski Nova Scotia, Freestyle Nova Scotia and Snowboard Nova Scotia, I would like to thank the three organizations for their ongoing support and cooperation to better the opportunities for all athletes in Nova Scotia. This coordinated effort has maximized the resources available during our compact seasons.

Highlights from the 2019-2020 season:

- Ski Nova Scotia was able to engage with the Ski Atlantic Seniors Club who joined SNS as a non-competitive club.
- Ski NS has engaged with the management of Cape Smokey to expand their involvement with the Alpine community for the 2020-2021 season
- U16 Nationals; With the Covid-19 crisis I was incredibly proud of the Ski NS coaches, Remi Poirier and Roger Hardy, who with the guidance of Julia Sommer-Ives, helped our athletes and parents navigate a very unusual situation. Everyone was incredibly professional in their handling of the crisis while trying to maximize the opportunities for our athletes.

I would like to sincerely thank the Ski NS Board of Directors for their ongoing guidance and support throughout the season.

Respectfully,

Andrew Hayes  
Executive Director  
Ski Nova Scotia, CADS-NS, Freestyle NS & Snowboard NS

# Ski Nova Scotia AGM 2020

## High Performance Administrative Director Report 2019-20 Season

*It was a disappointing and abrupt end to the 2020 ski race season for our Ski NS members especially our High Performance athletes as National level races were cancelled due to the pandemic. Ski NS had athletes in the U14, U16 and FIS age groups who, after a great season, were ready to lay down top results at a variety of National level races.*

*After three years as a Ski NS Board Member, I have resigned from my volunteer role as the High Performance Administrative Director. Many thanks to the Ski Nova Scotia Board of Directors for their hard work. Special thanks to our Executive Director, Andrew Hayes, the HPP Committee, as well as all our Ski NS Members.*

Below are some of the tasks I contributed to in the 2019-20 ski race season:

- Documents were improved/created for Ski NS Board approval for the following items:
  - AAA documents (Ski NS requested greater transparency and accountability with selection criteria for AAA team selection & AAA policies. Ski NS's recommendations to Selection Criteria Policies are to be reviewed at the next AAA Planning Meeting/AGM whereas recommendations made on the structure and bylaws of the AAA were declined).
  - U16 Nationals Team Selection Criteria
  - U16 Nationals Team Manager/Chaperone Document following AAA policy
  - Ski NS HPP Technical Director Position Proposal (declined/altered proposal and was not carried out by Ski NS in the 2019/20 season).
- Fitness testing (which incl. Functional Movement Screenings) was organized (for the top Ski NS U16 & all FIS racers) in December 2019 and, due to the Province's state of emergency, are TBD for May 2020.
- Leading High Performance Pathway Committee meetings
- Advocacy for our Ski Nova Scotia athletes at the Ski NS & AAA Committee level
- Team Manager Role & Chaperone Role for the U16 Nationals and the U16 Easterns
- Provided assistance with documentation/coordination for the Next Gen SX ID camp at Sunshine which was cancelled shortly thereafter.

## **1.0 RESULTS**

Performance Targets-we have no performance targets for 2020 onwards. This task should be lead by Technical Director. ([http://site3699.goalline.ca/files/hpp\\_performance\\_targets\\_.pdf](http://site3699.goalline.ca/files/hpp_performance_targets_.pdf)).

### U16 Nationals, Sun Peaks, BC March 9-14th, 2020

Team Athletes:                      Salena Macdonald (MSRC)  
   Lily Oakley (WSRC)  
   Carmen Oulton (MSRC)  
   Victoria Pace (WSRC)  
   Severn Parsons (WSRC)  
   Jack Jurcina (MSRC)  
   Luke Ramsden (MSRC)  
   Charlie Simms (WSRC)  
   Shane Sommer (MSRC)

Team Coaches: Roger Hardy (BEST) & Remi Poirier (MSRC)

**2019 Performance Target: 1 podium, 1 top 10**

**Actual Top Results:**  
Super G: -Shane Sommer (MSRC), 8th Place finish in Giant Slalom  
-Females placed 54th, 63th, 66th, 68th & a DNF in field of 72 racers  
-Males placed 35th, 64th, 65, 66th in a field of 72 racers  
Giant Slalom: -Females placed 44th, 49th, 55th & two DNFs in a field of 72 racers  
-Males placed 8th, 57th with 2 DNFs in a field of 72 racers

Ski Cross & Slalom: CANCELLED due to Pandemic

**U16 Eastern Can Ams** CANCELLED due to Pandemic  
Ski NS Athletes Selected Lily Oakley (WSRC)  
Kate Childs (WSRC)  
Carmen Oulton (MSRC)  
Severn Parsons (WSRC)  
Victoria Pace (WSRC)  
Shane Sommer (MSRC)

**U14 Can Ams** CANCELLED due to Pandemic  
Ski NS Athletes Selected Ryan Surette (WSRC) & Stephen Cramm (WSRC)  
Ski NS Coach Luca Byrne

**Whistler Cup** CANCELLED due to Pandemic  
Ski NS Athletes Selected Lily Oakley (WSRC) & Shane Sommer (MSRC)

**2019-20 Regional Atlantic Cup Winners:**

U12 Males	Kai Luther, 3rd, WSRC
U14 Females	Ryan Surette, 3rd, WSRC
U14 Males	Stephen Cramm, 1st overall, WSRC
U16 Females	Lily Oakley, 3rd overall, WSRC
U16 Males	Shane Sommer, 1st overall, MSRC

**FIS**

**Performance Target:**

Performance Targets for FIS are yet to be a part of Ski NS's High Performance Pathway planning.

**Results:**  
-John David Todd had two top 10 finishes (6th place & 10th) in FIS Slalom events  
-Emily Todd's top finishes were 39th (Slalom) & 49th (Giant Slalom) in FIS races  
-Noah Hann had one top 10 and three top 20 finishes in ENL FIS races (Noah raced & trained out of PMRC with the Ski NB FIS team).

## PARA SKIING 2020 Ontario Winter Games

Vision impaired U12 athlete, Hayden Denouden won Gold in Giant Slalom and Bronze in Slalom in Para Standing Events.

NEXT GEN SX ID CAMP CANCELLED due to Pandemic

### **1.1 CONTRIBUTORS TO TOP RESULTS?**

This is our third year without a Technical Director leading our High Performance Pathway. It is my belief that results from our top athletes stem primarily from the fundamentals and guidance of our home clubs, the individual athletes commitment to multiple sports, as well as year-round strength & conditioning programs. The athletes who are excelling are also meeting the recommendations for pre-season on-snow training days as presented by Alpine Canada. Our top athletes attended Ski NS club pre-season camps as well as camps offered elsewhere internationally or with other inclusive clubs elsewhere in Canada.

### **2.0 2020 U16 Nationals Team Selection**

The selection for the 2020 U16 Nationals was based on National Points and the cut-off date was after the Crabbe Race approximately five weeks before Nationals. The HPP drafted the Team Selection Criteria and was submitted to the Ski NS Board for approval. The board strived to fill all available quota with consideration to the National Points Standings. Many experienced coaches expressed their dislike for using National Points as the main objective data for team selection as it is felt it does not provide an accurate standings of each athlete in the current season. It has been recommended that Ski Nova Scotia Board of Directors revisit their selection process to place greater value on current season results by using a World Cup Points system or similar method. No fundraising was organized but we did have a generous offer by Dave Pace of Overhead Doors of Nova Scotia Ltd. to help offset the costs of team gear. No pre-season camps were organized. Athletes shared the coaching expenses.

### **3.0 EVOLVING THE SKI NS HIGH PERFORMANCE PATHWAY**

Andrew Hayes and I both sat down with the Canadian Sport Center Atlantic & Sport Nova Scotia in the Spring of 2019 to discuss the best plan moving forward for a select Ski NS High Performance Team. Based on this exchange with our program's funders the following was proposed to the Ski NS Board of Directors. Efforts were made to have this adopted for this past season were not successful. The recommendations are now being recommended for the 2020-21 season-I hope that Ski Nova Scotia take steps to evolve the HPP program as recommended by October of 2020 to include the following:

#### **SKI NOVA SCOTIA HIGH PERFORMANCE PATHWAY PROGRAM:**

***-A Performance Team: Top seven U16 & and Ski NS FIS Racers***

***-A Development Team: Any self-declared competitive racer U12+***

- **YEAR 2020/21 Ski NS Performance Team:**

- **WHO?**

- *The top seven and top seven female U16 Ski NS athletes based on National Points AND all Ski NS FIS-card holders.*

- *Ski Nova Scotia will only select U16 Alpine Ski Racers for the Canada Winter Games Team and no U14/U18 athletes will be selected. Please note that CWGs replaces U16 Nationals in a CWGs year. Ontario, Quebec, British Columbia & Alberta may only send U16s. According to the CWG Technical Package in years past, the smaller, less competitive regions may send up to two U18s and may apply for an exemption for U14s to be selected.*

### **HOW?**

- *The U16 Performance Team will be selected by XX/XX/XXX (end of current Ski Race Season?) in order to train as a team through the summer & fall for the Ski NS Team for U16 Nationals or the Canada Winter Games. This should allow sufficient time to plan and train. Please note that U16 Nationals occurs every year except for a Canada Games Year and the Canada Winter Games are held every four years, 2023, 2027, etc...The final team selection for U16 Nationals (5 male + 5 female) or CWGs (7 male + 7 female) will follow Ski NS Team Selection Criteria for that particular season.*

### **WHAT?**

- *Top U16 SNS Athletes and SNS FIS racers will be invited to a user-pay **Ski NS U16/FIS Pre-Season Training Camp**. The U16 athletes will be chosen based on their cumulative ACA National Points at the end of the previous season. It was recommended that we hire an Alpine Canada Coach Development Officer to lead a free-ski/technical free ski camp (as well as mentor Ski NS Coaches.. It was also recommended that Ski NS apply for a grant to help cover the costs of the camp. The camp is to be run as a not-for-profit camp which should not exceed 200\$/day plus flights. The camp dates must not conflict with club-based training camps.*
- *Performance Team athletes are expected to be committed to a year-round **strength & conditioning program** and are expected to participate in two yearly **Fitness Tests** which follow Alpine Canada's Fitness Testing Protocol.*
- *Performance Team athletes are expected to race in all four Alpine Events if they wish to be considered for National level events where all four Alpine Events are part of the event.*
- *Performance Team athletes are expected to strive to meet the Alpine Canada pre-season on-snow recommendations.*
- *Ski NS will always respect that education commitments always come first and will cooperate wherever possible to support Ski NS athletes.*
- **YEAR 2020/21 Development Group:** *Ski NS hold Provincial Development Workshop yearly in the Autumn (a hike, info sessions, get together) and during Season at Ski NS Races (info session where we discuss the HP Pathway). Anyone can attend who is interested in competitive Alpine Ski Racing*

### **FUNDING**

- **CSCA Grants** *Mike Hudson & Evan McGinnis recommended Ski NS apply for a Project Grant to offset the costs of sending Ski NS coaching staff for development opportunity to the Pre-season camp which may be led by an ACA Learner Facilitator or by attending Nationals or CWGs. Grants which are used to develop coaches will lower the user-pay fee of athletes to attend camp/race. \*\**

- *PSO Funding through the Support for Sport could be used to subsidize the cost of coaching fees at Nationals/CWGs thereby supporting Coach Development and cutting costs for athletes participating in this National Level events. The approximate breakdown for Ski NS High Performance (Excellence) funding is as follows:*
  - 2018/2019 - \$7,500
  - 2019/2020 - \$4,750, \*\$7500 roughly for this year with surplus
  - 2020/2021 - \$2000
  - 2021/2021 - \$2000

*\*Please Note: 2019/20 Our Executive Director also reports that there is currently a surplus of \$2,432.11 sitting in the Ski NS HPP account which is unspent from previous years.*

*We could also use funding as an honorarium for a coach taking on the Technical Director role. But as Maurice indicated, this honorarium would not compensate a TD fairly.*

*\*\*Please note: The CSCA does not recommend giving funds to an athlete directly-instead they recommend supporting a program that will benefit the coaching development and the up and coming athletes on a whole.*

#### **4.0 HIRING A TECHNICAL DIRECTOR FOR SKI NS**

In order to better serve our competitive racers, Ski NS needs to get serious about hiring a Technical Director and compensating this position with a fair salary. Our funding, as well as the development of our athletes & coaches, is dependent upon how well we set up and run our High Performance Pathway. Hiring a TD is pivotal for this to be successful.

The following proposal for a Technical Director was proposed in 2019 by the HPP Committee to the Ski NS Board of Directors. The HPP Pre-Season Camp which was recommended as the main program component by the CSCA to the HPP Performance Team is not included below because the Ski NS Board could not agree on the proposal in a timely manner for the 2019-20 season. The following proposal was initially declined due to board members voting against the High Performance Technical Director having On-snow components with members of the HPP Performance Team. The Ski NS Board of Directors then removed the On-Snow components of the TD role then stretched the \$5000 honorarium from a six month to an 18 month position (\$278/month). Because Ski NS missed the opportunity to run a HPP Pre-Season camp in the 2019-20 season, running the camp should be added to the list of TD Roles and Responsibilities here:

##### ***General Roles & Responsibilities***

*The Successful candidate is someone who is in good standing with the Canadian Ski Coaches Federation (CSCF) and is up-to-date with their RCMP Criminal Background Check, Vulnerable Sector Check and the NS Child Abuse Registry Checks. The Interim Technical Director will be expected to carry out the following tasks:*

- *Attend monthly HPP Committee Meetings & AAA Committee Meetings either in person or by conference call;*



- *Application for the 2020 U16 Nationals Coaching Staff is preferred but is not a prerequisite. Support in the administrative planning & logistics for the U16 Nationals Team is required leading up until the event;*
- *Work together with the HPP Administrative Director and the Ski NS HPP Committee to define & develop the Ski NS High Performance Pathway for a Performance Team (Top U16 & FIS Athletes) and a Development Team (U12+);*
- ~~*Attend races at Ben Eoin SX/SL, WSRC Roland Brunner and Martock SL/SX;*~~
- *Hold parent information sessions for Ski NS Members on the High Performance Pathway at the Ben Eoin SX & SL Race, the Roland Brunner Race & the Martock Race;*
- ~~*Coordinate & attend Interclub training for U16 National Team and FIS racers on a Wednesday evening at Martock and/or a Friday at Wentworth;*~~
- *Advocate for Ski NS Racers for the AAA Team Selection at U14 Can Ams, U16 Eastern Finals, Whistler Cup and FIS Nationals (apply for one or more of these coaching positions);*
- *Organize and attend Fitness Testing in May of 2020, (save and distribute results);*
- *Coordinate applications for any FIS eligible Ski NS racers to attend Alpine Canada National Development Camps (April/May);*
- *Participate in the Canadian Sport Centre Atlantic Coach Mentorship Program*
- *Meet with CSCA/Sport Nova Scotia Representatives as needed on High Performance Proposals, attend any HP CSCA workshops for PSO TDs;*
- *Apply to the CSCA Sport Science Program on behalf of Ski NS and Ski NS High Performance Athletes*
- *Attend the Ski NS AGM & provide a thorough AGM report with recommendations;*
- *Correspond regularly with Ski NS coaches for constructive feedback.*
- *(Should be edited to add: Run the U16/FIS Invitational Pre-Season Training Camp as recommended by the CSCA)*

### **Compensation**

*The Interim Technical Director will be paid \$5000 for this ~~six-month~~ 18 month position.*

## **5.0 Recommendations for the 2020-21 Ski Race Season**

### **5.1 Technical Director**

Ski NS reconsider the edits to the HPP Technical Director to include the Pre-Season HPP Camp as well as a more fair honorarium which, in my opinion, is an insufficient amount of funds for the amount of work a TD will take on especially without the assistance of an Administrative Director. Ski NS should set the goal of hiring a TD by September 2020.

### **5.2 High Performance Pathway**

Ski NS adopt the recommended changes to the Ski NS HPP Program immediately in order to allow enough time to give athletes an optimal preparation for the new season.

### **5.3 AAA**

Ski NS communicate with the AAA Committee in order to discuss improved policies for:

- **5.31 AAA Team Athlete Selection**  
What is the policy on filling quota? Who decides whether quota is filled or not?  
Coaches should be included in the selection process.

- 5.32 AAA Team Coach Selection  
AAA should avoid hiring Parent-Coaches (unless a parent is actively coaching a group that season) who work for no salary. This undermines coaches who work hard for their certification and takes away a coaching development opportunity from our region. PSOs should consider subsidizing coaching expenses at National level events in order to avoid this scenario.
- 5.33 AAA Calendar  
Ski NS advocate for Ski NS athletes by supporting a AAA race calendar which enables an optimal race:training ratio for optimal athlete development.  
[https://itad.alpinecanada.org/uploads/documents/v3\\_SX\\_Focus\\_Matrix\\_en\\_.pdf](https://itad.alpinecanada.org/uploads/documents/v3_SX_Focus_Matrix_en_.pdf)

#### 5.4 Recommendations for all Future Ski NS National Race events

- 5.41 Athlete Selection  
Ski NS revisit Selection Criteria to be more than just using Alpine National Points which includes Ski Cross results.
- 5.42 Athlete Participation Costs at National Level Events  
Ski NS should set a hard limit for athlete costs for attending National level events (CWG and U16 Nationals and FIS Nationals). For instance athletes attending U16 Nationals pay \$1500 plus flight and Ski NS High Performance picks up the remainder of the costs. An alternative would be that Ski NS covers all coaching fees and expenses as well as athletes race fees then the athletes only pay their own expenses (accommodations, food, etc...). This way we as a PSO are supporting Coach Development and providing a High Performance coaching opportunity where coaches can give back to Ski NS athletes. We also keep the athletes expenses down by financing coach development and paying their race fees as they represent our Province.
- 5.43 Athlete Travel  
U16 Athletes who are selected for a Ski NS team must be prepared to travel into a particular airport by a particular time. Anyone not complying will have to arrange alternative travel plans at their own expense while sharing the team itinerary expenses. No exceptions.
- 5.44 Safe Sport Policy  
Ski Nova Scotia should create a Safe Sport policy which specifically addresses National Level events. For instance striving for coaching gender representation or establishing policy on alternate chaperoning. Establishing policies on coaches and athletes accommodations (how many athletes per room, per bed?).
- 5.45 Ski NS Team Manager  
Ski NS establish roles and responsibilities for Team NS Manager (and Chaperone if needed) for all Team NS National events (U16 Nationals and Canada Winter Games) as well as a policy for compensation for this/these roles. Managing the logistics for Team NS for a National Level event is a lot of work. Our Executive Director is running

three different PSOs who often have National events at the same time as Alpine-it is not fair nor is it practical to leave the entire manager role to them. AAA has a policy on a Manager/Chaperone role. For instance each athlete pays an administrative fee (\$50/athlete) towards the Manager. A chaperone who attends the event (and in some cases cooks for the entire team) does not pay for accommodations/food.

- 5.46 Team Nova Scotia Gear

Team NS could consider creating Team Ski Nova Scotia Team Gear every four years beginning in a Canada Games Year. Athletes who qualify for a National event may order as needed. Athletes would receive a Ski Nova Scotia Crest (paid for by Ski NS) with the Event Name and Year (ie 2020 U14 Can Ams or 2019 Canada Winter Games) each time they make a team to have sewn on their jacket (Ellen Coady's idea). The reasons behind this is in an effort to keep down costs and not be wasteful with multiple jackets. Athletes who have made both Nationals and CWGs and all Can Ams opportunities will have spent \$1000-1200 on team gear, some items of which are doubled. If organised in advance it may give Ski NS time to organize sponsors to offset costs. It is do-able but not without stress to order team gear with short notice.

Respectfully submitted,

Julia Sommer-Ives



## **2019 – 2020 CADS-NS Report**

For the 2019-2020 season, CADS-NS had 97 registered members, 31 registered Coaches/Instructors and 9 registered Volunteers.

During the 2019-2020 season we trained several new snowboard CADS instructors and implemented a dedicated coordinator to match participants who require instruction with our certified instructors. This new position has helped streamlined the program request process and helped troubleshoot issues when weather plays a factor in getting people to the hills.

CADS-NS purchased a new larger bucket seat to go with our recent Tessier sit ski purchase. CADS-NS continues to source out new and different equipment to provide for our members at each hill in Nova Scotia.

CADS-NS is also expanding our ability to support those members who “graduate” from the CADS program to a more Para-Alpine ski racing.

CADS-NS Committee Chair

## **BEST Presidents Report – 2019/2020**

### **Enrolment**

The Ben Eoin Ski Team increased its enrolment this year. We had a lot of interest in our one day program and most of the increase was at or below the U12 level.

- U18 National Card: 2 (increase 2)
- U16 National Card: 2 (no change)
- U16 Recreational Card: 3 (increase 2)
- U14 National Card: 1 racers (decrease 2)
- U14 Recreational Card: 3 racers (no change)
- U12 Recreational Card: 6 racers (no change)
- U6/U8/U10 Recreational Card: 19 racers (decrease 1)
- Masters and University: 0 (no change)
- General Members, Coaches: 10 (no change)

### **Administration**

- The BEST executive and board continue to implement systems and structures to manage the club, coaching and communication
- Tyler Kaupp stayed on as Club President and Bob Pelley was active once again in his new role of Past President. All of the other board member and executive remained the same. However, we added Veronika Brezski as the U18 representative and Murdock MacDonald as the U10 representative.
- Ski Ben Eoin continues to be an excellent partner and host to BEST throughout the year providing lane space, and facility access. Darcy MacDonald, who replaced Rob Carmichael as our contact, was great to work with and was open to many of the ideas brought forward by the Ben Eoin Ski Team
- BEST continues to have conversations about building its website to help with registration and the flow of information between parents, coaches and board members.
- The executive and volunteers of the BEST consist of a great group of people who are engaged, motivated and optimistic about the future of ski racing at Ben Eoin. The executive met several times throughout the summer and fall of 2019 to plan for the 2020 season. We understand the Ski Cross Race is a lot of work which requires a ton of planning...

## **Supporting Growth**

- The team continues to evaluate the need and options for a “Team Space”
- The BEST purchased a dozen new radios and continues to rent several more for the BEST race weekend.
- BEST was once again generously supported through major sponsorship by Ski Ben Eoin, Wilson Home Hardware, Don Hatchers Truck Repair, JJ Barrington Auto Body, Louisbourg Seafoods and Seaside High Speed Internet.
- BEST, in conjunction Ski Ben Eoin, is once again looking into applying for the Ski Racing Safety Grant through the Nik Zoricic Foundation to assist in the procurement of new safety netting. BEST is looking at purchasing at least 20 Barry Poles and possibly more roles of B-Netting.

## **Pre-Season**

- Dryland Training was once again offered to all athletes starting in October
- We had a couple racers visit Sunday River before the season began

## **Calendar and Training**

- Although we are a small team, BEST was represented at almost all of the races on the AAA this this year
- Unfortunately due to its early placement in the Schedule and our late start to the season, the Poley Race was not attended by our racers. Many of our parents were unable to make it to the Martock race as well as it was back to back with our race. The younger athletes and their parents were tired after the four day BEST race and the volunteering that goes along with that.
- Training was well attended by all athletes with the majority of the racers registered for the Saturday and Sunday training. We also had several U14+ and a couple U12 racers registered for the High Performance Program with Roger Hardy as coach.
- There were also some athletes enrolled in the one-day program, which we added in previous years to help encourage enrolment
- The programs were well run with many BEST athletes finishing in Top 5 positions throughout the race calendar.
- We had two athletes U16 athletes very close to making it to Nationals.

- We also had three athletes place very well at the PEI race, all of them finishing first or second in all of their races.
- *BEST tried a new coaching strategy this year in which we divided the younger groups based on Snowstars level. This, for the most part, proved very beneficial to the younger racers and also the coaches. The racers of similar skill level were able to learn faster and concentrate on skills as a group as opposed to having several different skill levels with the same coach. This also benefited the coaches, in that, they could focus on one lesson plan for their entire group instead of trying to accommodate several different skill sets in one lesson.*
- Currently, we are looking at the one-day program and also the registration cost of the team. We found with the one-day program, although it helped increase enrollment, it is becoming more difficult to maintain with the small number of coaches available. We are also considering increasing our registration fees as we found some parents were inquiring about the ski team because it offered a much more cost effective option when compared to the ski school. We are trying to avoid this and continue to focus on those athletes that want to “ski race” not just learn “how to ski”

## Coaching

- Bettina Callary was back this year after her of sabbatical in Australia with her family.
- Roger Hardy continued to coach the U14+ athletes as well as the High Performance Program. He was helped by Aaron Wilson and Shane Kaiser.
- Kevin Elworthy and Stefanie Elworthy continued to coach the U12 athletes with Emily Pelley helping out on a part-time basis.
- Andrew Giorno was a great addition to the coaching staff this year. His energy and passion for the sport was perfect for the U10/U8 group he coached.
- Ryan Dunphy was also added this year as a new coach and helped us out with the U8's and lower level Snowstars kids. He was helped by Katja Seufert on occasion when numbers were high or if Ryan was unable to attend.
- The coaches worked with the athletes on snow as well as dryland training sessions which included fitness testing, athlete goals and racing plans.
- We continue to try and get more of our parents involved in taking some officials courses to help with our race weekend. We have two individuals within our organization with level 3 official's courses.

## BEST Race

- The Jerry Giorno Memorial Cup was held this year on the Feb 8<sup>th</sup> weekend.
- We added a Slalom event this year which ran on the Sunday
- There were two Ski Cross training days, Thursday and Friday, with the race being held on Saturday. The codexed Slalom event was held on Sunday
- BEST felt it was important to add the Slalom event to add more variety to the weekend and garner more interest from older athletes.
- The race was very successful, in that, estimates show around 130-140 racers from across the AAA were in attendance. By far our biggest race in the history of the Jerry Giorno Memorial Cup.
- On Friday afternoon, we had a scheduled fireside event planned for a conversation with Shane Somers and a couple of other athletes who competed nationally, but unfortunately due to bad weather, this was cancelled.
- BEST is always striving to improve year to year and we have identified some things that we are working to improve for next year. Many of the parents, coaches and board members have been doing the ski cross for several years now and each year we try and build on the previous year's successes and improve on the shortcomings.
- Timing proved to be an issue again and we are working on some solutions over the summer months. We have had initial discussions with Wentworth about a new timing system, but we are unsure of our direction with that thus far. With only 4 national card holders it's difficult to say whether an investment in a new timing software is practical.
- Scheduling of the Ski Cross event also continues to evolve. We are looking at adjusting the schedule and *potentially* running the time trials at the end of the training day Friday instead of the morning of the race. This would allow for more time on the Race Day which always seems to take up full day in itself.
- The BEST executive continues to explore Ski Cross and is focused on developing and improving the course year to year. Our long-term goal would be to have a product that gains National attention on the Ski Cross Stage.

Kindest Regards,

Tyler Kaupp  
President, Ben Eoin Ski Team



## 2020 MSRC President's Report

### Enrolment

This year Martock Ski Race Club enrolled 67 athletes at the U10 level, 36 at U12 and 23 at U14, 16 at U16, 5 at U18, 8 Masters, and 9 Freestyle athletes. The chart below shows our registered athletes over the last 6 seasons and demonstrates growth overall, and good retention. Most notable is more than 50% growth over this timeframe.

Program Level	2014 /15	2015 / 16	2016 / 17	2017 / 18	2018 / 19	2019 / 20
U10	58	65	82	80	65	67
U12	22	21	28	21	40	36
U14	9	5	6	21	23	23
U16	2	8	7	6	7	16
U18	3	4	7	8	6	5
Freestyle	-	-	-	8	6	9
Masters	5	9	5	0	5	8
Total	99	112	135	144	152	164

### Administration

Administrative duties for the club are demanding, particularly in the area of financial administration. The Executive made a concerted effort this season to update athlete accounts, and hired a bookkeeper rather than rely on a volunteer to complete the tasks of bill payment, account reconciliation, and financial reporting. The effort is ongoing, but will ultimately allow for better long-term planning for the club.

### Registration & Communication

MSRC is using Goalline to administer registration, and to serve as the backbone for our website. It has allowed us to consolidate our communication in one location, and to have multiple executive and coaches share the communication duties. This year we also used this method for member registration for pre-season camps and race events, which was effective in reducing our systems to one platform, and in collecting fees in advance.

We also maintain a social media presence on Facebook and Instagram, but limit it to primarily sharing event photos and info for the events open to the public.

### Support from Ski Martock

Ski Martock continues to be a valued partner for the club. They provide training space and support our fundraising efforts with space to host the Ski Swap and BBQ's during the season. Ski Martock has also supported the U10 / U12 race and ski cross by providing terrain and participating in the Nomad pass program along with other Atlantic ski resorts. Freestyle training and events also benefit from an

excellent terrain park and venue to host comps. Ski Martock plays an active role in participating in our planning meeting and welcoming visiting coaches and athletes to our race.

### **Programs**

As in previous years, MSRC athletes participated in dryland training sessions held weekly in Wolfville, Halifax, and Windsor during the fall of the year. Athletes also attended two pre-season camps in Quebec during December. We have seen increased participation in the camps over previous years, with the only challenge being securing accommodations for the large numbers of athletes who participate. We also hosted a pre-season camp at Martock in December, allowing many athletes to gain a few days on snow before the start of the formal season.

Our on-snow training was held three days / week during January, February, and March until the season was cancelled due to the Covid-19 Pandemic.

MSRC was well represented at every AAA race and training camp.

### **Volunteers**

MSRC continues to thrive on the efforts of its volunteer base. We actively recruit and mentor new parents and encourage them to pursue certification as officials. Our dedicated parent group demonstrates good support for the sport at away races by volunteering to officiate at events. Several parent volunteers took advantage of the Level 2 Officials course offered in the Fall, so we are well positioned to host races as well as fill various roles as visiting officials, including acting as TD and gaining race experience at National events.

Steve Earle and his company, Bauld Insurance was nominated for the Ski NS nomination as Sponsor of the year for both his efforts as volunteer Equipment Manager and for his financial support for the club to cover our insurance needs.

### **Coaching**

MSRC hires approximately 35 coaches on a contractual basis each year, with an even split between parent coaches and former athletes who have returned to the club in a coaching role.

This year, we were fortunate to be able to add to our coaching excellence by hiring Remi Poirier who fulfilled the role of Head Coach with support from Kyle Endres (U10), Chris Shynal (U12) and Thom Oulton (U14). Remi was able to provide training and mentorship to several coaches which really strengthened the overall coaching level, especially for those working with the older athletes. Several coaches achieved their DL certification and Speed and SX modules over the season. We recognize the need to continue to invest in coaches by providing good mentorship opportunities, financial support for training, and flexibility with schedules as most balance coaching with school or work commitments elsewhere.

MSRC coaches provided support to athletes at the U16 National Championships this year. Remi Poirier was nominated as the Ski NS nominee for the Support for Sport Coach of the Year award because of his leadership during the Championships and throughout the season.

Recruiting coaches for the Freestyle program continues to be a limiting factor in the number of athletes we can support at the older age levels, however we were pleased to see Jordan Marczak recognized as the nominee for the Freestyle Support for Sport Coach of the Year Award.

### **Athlete Performance**

MSRC athletes were able to turn their off-season and on snow efforts into podium results, and personal best performances all season long.

MSRC athletes Shane Sommer, Luke Ramsden, Jack Jurcina, Carmen Oulton, Salena MacDonald and coach Remi Poirier were selected to represent NS at the U16 National Championships. Shane achieved an 8<sup>th</sup> place result in the Giant Slalom race prior to the cancellation of the ski cross and slalom events.

Shane Sommer earned the Atlantic Cup award for top male racer in the U16 age category.

Although they were not able to attend due to the shortened season Shane Sommer and Carmen Oulton earned spots on the team for U16 Easterns, and Shane also earned a spot at Whistler Cup. Brendan Burke earned an invitation to the U16 Freestyle Championships.

MSRC would also like to acknowledge a strong showing for the provincial alpine and ski cross award recipients at every age level. With 19 different MSRC athletes taking home these honours, it is an indication that athletes are able to achieve success in multiple ski disciplines throughout their time as athletes.

At the provincial level, several MSRC athletes competed in the school races and took home podium finishes. In addition, Shane Sommer was nominated as the Jr Male Athlete of the Year for the Support for Sport Awards.

### **Contributions to Sport**

MSRC's membership includes athletes and coaches from the Annapolis Valley, Halifax Regional Municipality, and South Shore. We strive to be a community-based organization, and we provided support to the NSSF this year by loaning timing gear and knowledgeable officials to run the high school racing regional events.

### **Conclusion**

Martock Ski Race Club is a thriving sport organization. Our athletes are provided the resources they need to excel as alpine, freestyle, and ski cross skiers. Our coaches are motivated and dedicated to the programs, and our volunteers are devoted to the club and the sport. We look forward to the challenges inherent with operating a not for profit club and to the upcoming ski season.

Respectfully,

Ellen Coady,  
MSRC Club Past President

# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



## WSRC's 2019/20 Season Report for Ski NS AGM

WSRC continues to be a vibrant, active and progressive member of the alpine ski racing in Nova Scotia. Here is a summary of notable aspects of the 2019/20 season.

**Registration** This year, WSRC opened registration in July, which was unprecedented for our club. U8 & U10 programs were full before the end of September and we had close to full program registration by the end of October. This was also unprecedented and gave our coaching staff the gift of time to plan the season. We continued to build on our 20% increase in membership last year and experienced an additional 7% increase in membership with 124 registered athletes. We also experienced a significant “Canada Games Effect” with a high attrition rate in the U16 category the season following the 2018 CWG.

**Coaching** All 20 WSRC Staff were Licensed for 2019-20:

- 1 – PL Advanced Certified
- 2 – PL Certified
- 1 – DL Advanced Certified
- 5 – DL Certified
- 3 – DL Trained
- 1 - EL Certified
- 7 – EL Trained

WSRC had 3 Substitute Coaches:

- 1 – PL Certified
- 2 – EL Certified

Despite the shortened season, WSCR coaches still managed to accomplish a significant amount of Coach Education:

- 3 DL coaches passed their evaluations to become certified this season
- 1 DL coach completed CSIA Levels 1 & 2
- 11 Coaches Completed ACA Setting and Environments Module
- 10 Coaches completed the Level 2 Officials Module
- 4 Coaches completed the ACA SX Module

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*

**TD Wealth**



**eastlink**



**EllisDon**  
We build on great relationships™



MacLellan Moffatt  
Health Insurance

DEXTER CONSTRUCTION COMPANY LIMITED

**MAPLE LEAF HOMES**



# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



**Officials** Five WSRC parents took the Level 2 officials' course in November. This year marked a new generation of race officials with the majority of member of our ROC for Brunner being their first year in their position. This is an area that needs ongoing nurturing to encourage parents to volunteer and develop their officiating skills and experience to replace the attrition of parents of children leaving the sport.

**Internal Governance / Policies** WSRC added a significant number of new policies to its club structure. A set of human resource management policies was created to bring WSRC up-to-date with current employment legislation and practices as an employer of coaches, improving transparency and accountability to how the club functions as an employer of coaches. A gap analysis of the CSA 2018 Risk Management Manual for Clubs was conducted. As a result of this, coach employment agreements and job descriptions were updated and a number of additional new policies were established.

**External Linkages** WSRC has, and will continue to, focus on its external linkages within the Atlantic Canada ski racing community. In December 2019, WSRC attended and made a presentation at the Ski Patrol Lodge Day in Wentworth including the presentation of a \$350 donation to the Ski Patrol. WSRC worked with BEST in the summer and fall to better understand BEST's Ski Cross event and this collaboration resulted in BEST developing an information sheet about their event which was shared with WSRC members at parent meetings and early in the season to improve communication about the event.

**Saturday Night Clubhouse Series** This year, to further enhance the utilization of the new clubhouse established last season, WSRC introduced the Saturday Night Clubhouse Series with different events each Saturday tailored to different age groups. This included chocolate bar bingo, board game night, and movie night. This club building initiative was extremely well received and supported by a broad range of parent volunteers.

**Fundraising** WSRC held several fundraising events: Third Annual Hopping Penguins Dance and Silent Auction, Aerobics First Twelve Hours of Wentworth Ski-a-thon and the Great Chilli Cook-off. WSRC developed a sponsorship package and obtained a new corporate sponsor Moffatt MacLellan Insurance who have committed to a five-year sponsorship. WSRC applied for and was successful in receiving a grant from Sport NS to assist with radio purchases.

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*

**TD Wealth**



**eastlink**



**EllisDon**  
We build on great relationships™



MacLellan Moffatt  
Health Insurance

DEXTER CONSTRUCTION COMPANY LIMITED

**MAPLE LEAF HOMES**



# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



**Pre-Season Camp at MSA** The annual preseason camps run by Team Atlantic were offered in December at MSA. U14+ 5 day camp followed by a U10-U18 10 day camp. Participants included athletes from WSRC and all three NB clubs. The second camp had the largest attendance level in the 19 year history of the camp.

**Attendance at Away Races** To try to establish which races WSRC would attend a club this season, a pre-season survey of U12 group was conducted which reflected the diversity of our club and it was apparent that there were no clear majority. The following summarizes WSRC attendance levels at away races:

Race Event	WSRC Attendees
Poley	31
Crabbe	21
Ben Eoin	33
Marble	2
Martock	18
PEI	16

**WSRC-Hosted Races** WSRC takes pride in hosting high quality events. The Slingshot was well attended despite the rainy weather. The bbq and special edition slingshot t-shirts continue to be a hit. Team Atlantic Slalom boasted beautiful conditions Headwall down and just one week before Brunner offered an excellent lead-up event. Conditions were maintained for Brunner. For Brunner, WSRC paid for hill operations to start the day early to move around equipment and for the lift to open early each day. One marker of success was that on the Sunday, we had everyone heading home before 3pm. The ROC has conducted a lessons learned to help with continuous improvement for next year. Bryne Cup and Club Championships were unfortunately cancelled due to the COVID19 pandemic. WSRC continued the practice we started last year of recognizing the top five finishers at all our race events. This year at Brunner we also implemented team awards.

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*

**TD Wealth**



**eastlink**



**MAPLE LEAF HOMES**



# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



Participation in the WSRC-hosted events were:

Slingshot	136
Team Atlantic	23
Brunner	106

Participation in the Team Atlantic event was significantly decreased this year, most likely due to Ski-NS not supporting the codexing of the event. The only visiting club to support the event was Poley who sent 6 athletes. The visiting coach from Poley provided positive feedback about the event. Also adversely affected by politics around codexing, was the Brunner Super G which had only 52 athletes attend compared with the 106 athletes who participated in the SG and/or SL.

This past season demonstrated a lack of support for the WSRC-hosted races by a number of parties. It is our sincere hope that moving forward, Ski-NS and AAA can make decisions that are athlete-focused and good for the development of the sport of alpine ski racing.

Another challenge encountered in hosting races is that it is becoming increasingly difficult to obtain volunteer ski patrol for Friday races. A solution that is being sought is to have a race parent become a ski patroller.

**Supporting FIS Athletes** New this year, WSRC has started initiatives to support FIS athletes because a) it is good for the sport to have the FIS athletes skiing with the younger kids, b) this is a form of financial relief to help support the FIS athletes, and c) as their race circuit is away, they miss a good portion of the season in WW. WSRC waived race fees for our hosted races. For WSRC FIS athletes, we did not require them to pay club coach expenses at AAA races. WSRC also provided flexibility to allow FIS athletes to register for the two-day program but attend any WW training days or camps as part of their base program fee.

**Clubhouse Capital Campaign** This was year two of our five year capital campaign and our BoD elected at the end of the season to repay the balance of the \$50K loan. The campaign was hugely successful due to excellent participation in fundraising efforts across the club as well as specific fundraising efforts of Dave & Christina Pace and Maurice Cramm.

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*

**TD Wealth**



**eastlink**



**EllisDon**  
We build on great relationships™

  
**MacLellan Moffatt**  
Health Insurance

DEXTER CONSTRUCTION COMPANY LIMITED

**MAPLE LEAF HOMES**



# WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8

[www.wentworthracing.com](http://www.wentworthracing.com)



**End of Season Survey** WSRC continues to receive positive feedback from its membership. Out of 63 respondents, over 95% view the program in a positive manner. Over 93% feel their children are getting the expected benefits of the program. Over 93% would recommend the program to a friend. There were some very positive comments and some constructive comments as well which WSRC uses as a basis for continuous improvement for the following season.

**Next Up....Timing System Project** The timing system owned by Ski-NS established at Ski Wentworth for the 2011 CWG is in need of repair and upgrading. WSRC is developing a project scope of work and budget and will provide a summary of this to Ski-NS before the end of June. It is our goal to reach agreement on the project and implement required repairs and recommended upgrades prior to the upcoming season.

**In closing**, on a personal note it has been an eye-opening experience to serve on a provincial sport organization board. I do believe that Ski-NS has room for improvement in the way it functions to be more effective. My participation was as the President of WSRC, and as such, I had a clear role to represent my club. I encourage the BoD members who are not one of the three sitting Presidents to take off their club hats and don their provincial hats when sitting at the board room table. A provincial perspective is what is needed to achieve sport development and athlete development in our province. Respect the Clubs' sovereignty. Each club has different focuses and strengths due to terrain, location and club culture. Respect these differences. Encourage collaboration. Build on the strengths of the clubs. There are many. Good luck.

## WENTWORTH SKI RACING CLUB

Karen Dwyer  
President

---

*Recipient of Sport Nova Scotia 2017 Association of the Year Award*

**TD Wealth**



**eastlink**



**MAPLE LEAF HOMES**







## **Proposed – Ski Nova Scotia Board of Directors 2020-2021**

### **President**

Leslie Henderson

### **Past President**

David Todd

### **Vice – President**

John Boudreau

### **Treasurer**

Tim Hilton

### **Director – Coaching**

Todd Johns

### **Director – Officials**

Kyle Enders

### **Director – High Performance Programs**

Maurice Cramm

### **Directors - Member Club Representatives**

BEST: Tyler Kaupp

MSRC: Tim McLeod

WSRC: Bruce Young

### **Directors, Members at Large**

Jason Richards

Greg Zwicker - Equipment

Open – Ski Cross

**Please submit your votes for the Member at Large – Ski Cross position to [alpinens@sportnovascotia.ca](mailto:alpinens@sportnovascotia.ca)**

# RESUME

KEVIN ELWORTHY  
1915 GEORGE STREET  
SYDNEY, NOVA SCOTIA  
B1P 1P5,  
CANADA

1-902-217-3452

[KEVINELWORTHY@GMAIL.COM](mailto:KEVINELWORTHY@GMAIL.COM)

## PROFESSIONAL COACHING EXPERIENCE

### BACK GROUND

*January 1991 – Present*

I have been coaching and instructing Alpine Skiing for twenty-nine years. My first six years were as a club coach in the Nancy Greene Ski League program and instructing within the ski school. In 1997 I became the Co- Head Coach for The Ben Eoin Ski Team and held that position for the next 12 seasons, coaching athletes from U 12 to U18.

Over the last 13 seasons I have been facilitating courses for Alpine Canada (previously Canadian Ski Coaches Federation) for Entry Level, Development Level and Ski Cross contexts.

My role within the Ben Eoin Race Club is coach education, mentor/evaluator and certification for the coaching staff, coaching a Masters Ski Racing Program and coaching athletes and club coaches in the ski cross context.

I have completed relevant NCCP coaching modules to stay current to perform at the highest level possible.

Within the Alpine Canada Alpin and National Coaching Certification Program (NCCP) I am a Certified Learning Facilitator, Evaluator and Master Coach Developer. My current coach license standings are Performance Level Certified, Level III certified, Entry Level, Development level and Ski Cross facilitator, Entry level, Development Level and Ski Cross mentor and evaluator. I am Alpine Canada's coach developer for the Atlantic Region.

My coaching philosophy is based on lifelong learning and education to be the best I can be for the coaches and athletes I mentor and coach.

## **EDUCATION**

### **UNIVERSITY OF NEW BRUNSWICK**

*Technician Forest Resources, December 1979*

### **CAPE BRETON UNIVERSITY SYDNEY, NOVA SCOTIA**

*Bachelor of Business Administration, November 2001*  
Graduated with Honors, Major in marketing/ finance

### **DALHOUSIE UNIVERSITY HALIFAX, NOVA SCOTIA**

*Environmental management, Oct 2011*  
Certificate in Environmental project management

## **SKILLS and ABILITIES**

I have worked closely with Alpine Ski Nova Scotia over the last twenty-five plus years on various projects: Canada games committees, athlete development camps, provincial race programs and the development of the Nova Scotia Long Term Athlete Development Grid. Ben Eoin representative. I received my long-term service award from ASNS a few years ago.

As Head Coach for the Ben Eoin Ski Team (BEST) I have a proven coaching record with a number of coaching awards including Nova Scotia Coach of the year.

I took part in the 2014 Canada Games in the Technician role. My commitment to that position can be confirmed by the other coaches that made up the staff for 2014. I am a strong team player with a great work ethic and work very well with others. I have a great respect for established roles, duties and responsibilities.

My professional work career outside of alpine skiing was with the Federal Government of Canada for thirty years. During that time, I sat on numerous committees / boards and managed staff under various roles. Other responsibilities included the management of multimillion-dollar project budgets and environmental remediation projects. An example of project scope within my professional position was the overall manager for the Ben Eoin Marina File which was a three million dollar plus project. I have been retired for five years.

## **PROFESSIONAL LICENCES**

### **CANADIAN SKI COACH**

Chartered Professional Coach NCCP

Performance Level Certified

Level III Coach Certified

SX Coach

Master Coach Developer, Alpine Ski

### **CANADIAN SKI INSTRUCTORS ALLIANCE**

Level II

## **REFERENCES**

Bettina Callary PHD

Sport Science CBU

Sydney, NS

1-902-577-3751

Lorraine Burch

Chester, NS

Telephone 1-902- 209-9483

Tyler Krupp

President BEST

Telephone 1-902-577-6434

# REMI POIRIER

204 22st COLD LAKE, Alberta, T9M1E8 (587)986-5115 poirierrem@gmail.com

---

## WORK EXPERIENCE

Royal Canadian Airforce, Cold Lake Alberta

*Fighter Pilot Candidate, 410 Tactical Fighter (Training) Squadron, May 2014 – Present*

- Operating fighter aircraft as wingman in air to air and air to ground operations
- Maintaining proficiency on the CF-188 Hornet as directed by 1 Canadian Air Division
- Secondary Squadron duties in leadership positions
- Preparing precise and detailed operation reports

Alberta Ski Cross/Sunridge Ski Team Edmonton AB

*Coach Natl Jr Ski Cross team 2014*

- Manage up to 10 Athletes at the World Jr Championships in ValMalenco Italy
- Provide technical coaching and video analysis
- Provide logistical support for the team
- Manage travel budget and expenses for the team

Sunridge Ski Team Edmonton AB

*Head Coach Oct 2011- May 2014*

- Develop a sustainable Ski Cross Program
- Provide technical support, education and mentoring to jr coaching staff
- Manage training and competition schedule as per budget
- Travel on the Nor-Am Ski Cross/FIS Alpine Circuit with the team

Workers Compensation Board (Contracted) Red Deer AB

*Accident Investigator/Workplace Risk Management June 2012- June 2013*

- Assesing work place injuries
- Providing detailed reports on available workplace countermeasures.
- Reporting to WCB Case Managers as to rehab progress of injured workers.
- Managing rehab with a multidiciplinary team of specialitst (Physiotherapists, Chiropractors ect.)

Alpine New-Brunswick Moncton NB

*Canada Winter Games Coach*

- Manage Provincial team staff.
- develop provincial program FIS/U18
- Incorporate the AIM2WIN LTAD
- Responsible for selection and training of team as directed by provincial board of directors.
- Managing team budget to maximize training leading up to the 2011 Canada Winter Games

## **EDUCATION**

2 Canadian Forces Flight Training School , Moose Jaw Saskatchewan  
*Canadian Forces Pilot Wings 2015*

Moncton Flight College  
*Commercial Pilot License 2013*

Université de Moncton  
*Bachelor Science - Kinesiology 2011*

## **RELEVANT QUALIFICATIONS**

- CSCF Performance Level
- CSIA Level 2
- CSCF Course Conductor (Ski Cross)
- NCCP Comp-Dev
- CSEP-Personal Trainer
- IRATA Rope rescue qualification
- First Aid



## **Ski Nova Scotia 2019-2020 Award Winners**

### **U12 Kell Antoft Awards**

#### **Male:**

Kai Luther  
Sascha Raven  
William Townsend

### **U12 Kell Antoft Awards**

#### **Female:**

Katherine Barrett  
Emerson Eisener  
Onaleigh Williment

### **U12 Ski Cross Awards**

#### **Male:**

Sacha Raven  
Alister Oulton  
Westin Endres / William Townsend

### **U12 Ski Cross Awards**

#### **Female:**

Caitria Sommer  
Allison Giorno  
Anna Kaupp/Lillian Blois



## **Ski Nova Scotia 2019-2020 Award Winners**

### **U14 Awards**

#### **Male:**

Stephen Cramm  
Sutton Healy  
Charlie Wilson

### **U14 Awards**

#### **Female:**

Ryann Surette  
Charlotte Hilton  
Jenna Zwicker

### **U14 Ski Cross Awards**

#### **Male:**

Ryan Sommer  
Sutton Healy  
Justin Kennedy

### **U14 Ski Cross Awards**

#### **Female:**

Ryann Surette  
Maya Vats  
Lainey Bussey





## **Ski Nova Scotia 2019-2020 Award Winners**

### **U16 Awards**

#### **Male:**

Shane Sommer  
Mitchell Larkin  
Colin Mckenna

### **U16 Awards**

#### **Female:**

Lily Oakley  
Kate Childs  
Carmen Oulton

### **U16 Ski Cross Awards**

#### **Male:**

Shane Sommer  
Jack Jurcina  
Luke Ramsden

### **U16 Ski Cross Awards**

#### **Female:**

Salena MacDonald  
Maggie Wilson  
Severn Parsons



## **Ski Nova Scotia 2019-2020 Award Winners**

### **U18/U21 Awards**

#### **Male:**

John David Todd  
Cole Fraser  
Hunter Gaudet

### **U18/U21 Awards**

#### **Female:**

Emily Todd  
Elsie Gillis  
Jenna Faulkner

### **U18/U21 Ski Cross Awards**

#### **Male:**

Cole Fraser  
Hunter Gaudet

### **U18/U21 Ski Cross Awards**

#### **Female:**

Elsie Gillis  
Zianne Khalifa



**Ski NS/Support 4 Sport Award Winners 2019-2020:**

**Coach of the Year:** Remi Poirier

**Volunteer of the Year:** David Todd

**Community Sport Organization of the Year:** Martock Ski Race Club

**Sponsor of the Year:** Steve Earle

**Jr. Male Athlete of the Year:** Shane Sommer

**Jr. Female Athlete of the Year:** Lily Oakley

**Sr. Male Athlete of the Year:** J.D Todd

**Sr. Female Athlete of the Year:** Emily Todd